

**IUGAO**  
**eXchange**

**KING HAMAD  
UNIVERSITY HOSPITAL**  
مستشفى الملك حمد الجامعي



## **IUGA eXchange Program**

*Evidence-based Diagnosis and Management of Female Pelvic Floor  
Dysfunctions: An update*

**November 11-12, 2016**

**Main Auditorium, King Hamad University Hospital**

**Manama, Bahrain**

**Local Organizer:** Diaa Rizk

**Course Chairs:**

Diaa Rizk  
Hosni Malas

**International Faculty:**



Catherine Matthews (USA)



Sylvia Botros-Brey (USA)

**Local/Regional faculty:**



Diaa Rizk (Bahrain)

Ayman Elnaqa (Qatar)  
Abubakr Elmardi (Kuwait)  
Ahmed Elbadr (Saudi Arabia)

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## IUGA eXchange Program – Manama, Bahrain \*

Day 1 Friday 11<sup>th</sup> November 2016

<b>07.45-08.45</b>	<b>Registration and pre-test evaluation</b>	
08.45-09.00	Introduction and Welcome	Diaa Rizk, Hosni Malas, Catherine Matthews
<b>Session 1</b>	<b>Pregnancy, Childbirth and the Pelvic Floor</b>	<b>Moderator/Chair: Hosni Malas</b>
09.00-09.30	How do pregnancy and childbirth contribute to pelvic floor disorders?	Diaa Rizk
09.30-10.00	Obstetric practice and prevention of pelvic floor dysfunctions: How can the obstetrician help?	Ahmed Elbadr
10.00-10.30	Prevention and management of anal sphincter injury: Practical advice for the delivery room	Abubakr Elmardi
10.30-11.00	Clinical approach to management of complications of perineal laceration repair: Wound breakdown, rectovaginal fistulae, persistent dyspareunia and anatomic perineal distortion	Catherine Matthews
<i>11.00-11.30</i>	<i>Coffee Break</i>	
<b>Session 2</b>	<b>Epidemiology of female pelvic floor dysfunctions</b>	<b>Moderator/Chair: Catherine Matthews</b>
11.30-12.00	Prevalence and mechanism of POP and urinary incontinence: Why does it happen? Presentation of global and regional data	Ahmed Elbadr
12.00-12.30	Epidemiology and management of female sexual dysfunctions	Ayman Elnaqa
<i>12.30-14.00</i>	<i>Lunch</i>	
<b>Session 3</b>	<b>Basic principles of pelvic floor reconstructive surgery</b>	<b>Moderator/Chair: Ahmed Elbadr</b>
14.00-14.30	Surgical anatomy and landmarks of the pelvic floor	Sylvia Botros-Brey

14.30-15.00	Laparoscopic approach to pelvic floor reconstructive surgery: When is this preferred?	Catherine Matthews
15.00-15.30	<i>Coffee Break</i>	
<b>Session 4</b>	<b>Pelvic organ prolapse [POP]: An Interactive Video session</b>	<b>Moderator/Chair: Daa Rizk</b>
15.30-16.00	The modern assessment and classification of POP <i>with videos</i>	Catherine Matthews
16.00-16.30	Evidence-based surgical management of POP, Traditional Repair <i>with videos</i>	Ayman Elnaqa
16.30-17.00	Evidence-based surgical management of POP, Mesh Repair <i>with videos</i> .	Sylvia Botros-Brey

Day 2 Saturday 12<sup>th</sup> November 2016

<b>08.00-08.45</b>	<b>Registration</b>	
<b>Session 5</b>	<b>Incontinence Evaluation</b>	<b>Moderator/Chair: Sylvia Botros-Brey</b>
08.45-09.00	Case presentation	Resident
09.00-09.30	An evidence-based approach to urinary incontinence assessment: When are Urodynamic studies of female UI needed?	Ahmed Elbadr
09.30-10.00	Perceptions and impact of UI and barriers to care in Middle Eastern women: A tale of 3 factors.	Daa Rizk
10.00-10.30	Fecal incontinence: The leakage nobody wants to talk about	Catherine Matthews
10.30-11.00	<i>Coffee Break</i>	
<b>Session 6</b>	<b>Management of Female UI</b>	<b>Moderator/Chair: Ayman Elnaqa</b>
11.00-11.30	Evidence-based surgical management of stress UI: Primary versus Recurrent Cases	Sylvia Botros-Brey
11.30-12.00	Emerging therapeutic modalities for the overactive bladder syndrome (OAB	Abubakr Elmardi
12.00-12.30	When is fecal incontinence a surgical problem?	Catherine Matthews
12.30-13.30	<i>Lunch</i>	

<b>Session 7</b>	<b>Management of special cases of pelvic floor dysfunctions: Panel</b>	<b>Moderator/Chair: Catherine Matthews</b>
13.30-13.45	Q Case 1: How to manage a case of POP with occult stress UI?	Abubakr Elmardi
13.45-14.00	Case 2: How to manage a case of advanced and/or recurrent POP after native tissue repair?	Sylvia Botros-Brey
14.00-15.00	Complications of pelvic floor surgery (cases and videos)	Panel
<i>15.00-15.30</i>	<i>Coffee Break</i>	
<b>Session 8</b>	<b>Training in Urogynaecology and reconstructive pelvic surgery</b>	<b>Moderator/Chair: Abubakr Elmardi</b>
15.30-16.00	What tools exist through IUGA for physician and patient education?	Catherine Mathews
16.00-16.30	The FIGO Working Group training guidelines	Diaa Rizk
<b>16.30-16.50</b>	<b>Post-Test and Course Evaluation</b>	
16.50-17.00	Conclusions and award of Certificates.	Catherine Matthews, Diaa Rizk, Hosni Malas

**\* Each lecture includes 20 min for presentation + 10 min for discussion**