



Yangon, Myanmar
January 29-30, 2015



Obstetrics and Gynecology Society
Myanmar Medical Association

Central Women's Hospital (Yangon)

Local Organizers

Prof Mya Thida - Lead
Prof Dr. Yin Yin Zaw
Prof Dr. Toe Lwin
Prof Dr. Phone Myint
Prof Dr. Aye Aung

IUGA Lead organizer

Sivakumar Balakrishnan (Malaysia)

IUGA Faculty

Sivakumar Balakrishnan (Malaysia)
Suvit Bunyavejchevin (Thailand)
Roy Ng (Singapore)
Patricia Neumann (Australia)

Local Faculty

Prof Mya Thida	Prof San San Myint
Prof Dr. Yin Yin Zaw	Prof Khin Lay Kywe
Prof Dr. Toe Lwin	Prof Yin Yin Soe
Prof Dr. Phone Myint	Prof Dr. Aye Aung
Prof Kyaw Zwa Hling	Prof Nwe Mar Htun
Prof Khin Htar Yi	AP Kyaw Soe Kyaw
Prof Kyi Kyi Nyunt	Maj Aung Kyaw Tun

Local Session Chairs:

Prof Win Win Mya
Prof Yin Yin Zaw
Prof Mya Thida
Prof Khin Htar Yi
Prof Kyi Kyi Nyunt
Prof San San Myint
Prof Sabai Than Lwin
Prof Toe Lwin
Prof Phone Myint

IUGA Executive Director

Chuck Shields

Program Venue:

Central Women's Hospital (Yangon)
No. 51, Baho Road, Lanmadaw Township, Yangon, Myanmar.

1st Day: Thursday 29 th January 2015			
TIME	SESSION	TITLE	SPEAKER
SESSION 1, Chair Person: Prof Win Win Mya, Prof Khin Htar Yi			
0830 - 0900	Registration and Coffee		
0900 - 0915	Welcome from the Myanmar Urogynaecology Subcommittee		Prof Yin Yin Zaw
0915 - 0930	Welcome from IUGA:		Dr Sivakumar Balakrishnan, Member of the IUGA Exchange Subcommittee
0930 - 0940	Pre-Test		
0940 - 1010	Lecture	Health Care Systems in Myanmar	Prof Aye Aung
1010 - 1030	Lecture	Female Pelvic Health Issues in Myanmar	Prof Mya Thida
1030 - 1100	Coffee Break		
1100 - 1130	Lecture	Identifying the Urogynaecology Patient: Questionnaires and QoL	Dr Roy Ng
1130 - 1200	Lecture	Diagnostic procedures in Urogynaecology	Maj Aung Kyaw Tun
1200 - 1230	Lecture	Overactive Bladder and Conservative Management	Prof Kyaw Zwa Hlaing
1230 - 1300	Lecture	Pharmacotherapy for LUTS	Dr Suvit Bunyavejchevin
1300 - 1400	Lunch		
SESSION 2, Chair Person: Prof Yin Yin Zaw, Prof Kyi Kyi Nyunt			
1400 - 1430	Workshop 1	Introduction to Urodynamics	Dr Suvit/Prof Khin Htar Yi
	Workshop 2	Pelvic Organ Assessment and POP-Q	Dr Roy/Prof San San Myint
	Workshop 3	Voiding Difficulty and Urine Retention	Dr Siva/Prof Kyi Kyi Nyunt
1430 - 1500	Workshop 1	Introduction to Urodynamics	Dr Suvit/Prof Khin Htar Yi
	Workshop 2	Pelvic Organ Assessment and POP-Q	Dr Roy/Prof San San Myint
	Workshop 3	Voiding Difficulty and Urine Retention	Dr Siva/Prof Kyi Kyi Nyunt
1500 - 1515	Coffee/Tea Break		
1515 - 1545	Workshop 1	Introduction to Urodynamics	Dr Suvit/Prof Khin Htar Yi
	Workshop 2	Pelvic Organ Assessment and POP-Q	Dr Roy/Prof San San Myint
	Workshop 3	Voiding Difficulty and Urine Retention	Dr Siva/Prof Kyi Kyi Nyunt
1545 - 1600	Coffee/Tea Break		
1600 - 1630	Workshop 4	Voiding Diary	Dr Suvit/Prof Khin Lay Kywe
	Workshop 5	Female Pelvic Floor Anatomy	Dr Siva/Prof Yin Yin Soe
	Workshop 6	Anal Sphincter Repair	Dr Roy/Prof Nwe Mar

			Htun
1630 – 1700	Discussion of Day One		

2 nd Day: Friday 30 th January 2015			
TIME	SESSION	TITLE	SPEAKER
SESSION 3: Chair Person: Prof Toe Lwin, Prof Sabai Than Lwin			
08:30 - 09:00	Lecture	Obstetric Fistulae	A.Prof Kyaw Soe Kyaw
0900 – 0930	Lecture	Stress Urinary Incontinence and Conservative Management	Dr Patricia Neumann
0930 – 1000	Lecture	Surgical Update on Stress Urinary Incontinence	Dr Roy Ng
1000 – 1030	Panel Discussion		
1030 – 1100	Coffee Break		
1100 – 11.30	Workshop 4	Voiding Diary	Dr Suvit/Prof Khin Lay Kywe
	Workshop 5	Female Pelvic Floor Anatomy	Dr Siva/Prof Yin Yin Soe
	Workshop 6	Anal Sphincter Repair	Dr Roy/Prof Nwe Mar Htun
11.30 -12.00	Workshop 4	Voiding Diary	Dr Suvit/ Prof Khin Lay Kywe
	Workshop 5	Female Pelvic Floor Anatomy	Dr Siva/Prof Yin Yin Soe
	Workshop 6	Anal Sphincter Repair	Dr Roy/Prof Nwe Mar Htun
1200 – 1215	Break		
1215 – 1245	Lecture	Surgical Options and Update on POP	Dr Sivakumar
1245 – 1315	Lecture	Mesh Augmented Surgery for POP and its Complications	Dr Roy Ng
1315 – 1400	Lunch		
SESSION 4: Chair Person: Prof Mya Thida, Prof Phone Myint			
1400 – 1430	Lecture	Perineal Lacerations; Pelvic Floor and Childbirth	Dr Suvit Bunyavejchevin
1430 – 1500	Lecture	IUGA Guidelines for Training in Uro-gynaecology	Dr Sivakumar
1500 – 1600	Discussion of Day Two		
1600 – 1630	Post-Test & Discussion		
1630	Awarding of Certificates: IUGA and Host Faculty Closing Remarks: Local Host/IUGA chairs		

Workshop 1	Introduction to Urodynamics
Workshop 2	Pelvic Organ Assessment and POP-Q
Workshop 3	Voiding Difficulty and Urine Retention
Workshop 4	Voiding Diary
Workshop 5	Female Pelvic Floor Anatomy
Workshop 6	Anal Sphincter Repair