



MOZAMBIQUE EXCHANGE 2013

PROGRAMME

Friday 1 March 2013

- 8h30 – 9h00 Registration
- 9h00 – 9h05 Opening and Welcome (Gunter Rienhardt)
- 9h05– 9h20 Pre-Meeting Questionnaire
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- Plenary Session: Chairperson (Debby Karp / Igor Vaz)
- 9h20 – 9h35 Female Health Issues in Mozambique
(Mozambique Ministry of Health speaker)
- 9h35 – 9h50 The Health Service and Specialist training in
Mozambique (Prof Bugalho)
- 9h50 – 10h00 Discussion and Questions
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- Plenary Session: Chairperson (Gunter Rienhardt / Prof Bugalho)
- 10h00 – 10h20 The Clinical Assessment and Workup of a
Urogynaecology patient (Debby Karp)
- 10h00 – 10h35 Cystoscopy for the Gynaecologist (Igor Vaz)
- 10h35 – 10h50 The IUGA Guidelines for Training in Female Pelvic
Medicine and Reconstructive Pelvic Surgery
(Gunter Rienhardt)

10h50 – 11h00 Discussion and Questions

11h00 – 11h30 Refreshment Break

Plenary Session: Chairperson (Debby Karp / Stephen Jeffery)

11h30 – 12h00 Management of Urinary Stress Incontinence
(Debby Karp)

12h00 – 12h20 Overactive Bladder: Aetiology, Epidemiology
and Presentation (Gunter Rienhardt)

12h20 – 12h50 Overactive Bladder: Treatment Modalities
(Stephen Jeffery)

12h50 – 13h15 Discussion and Questions

13h15 – 14h15 Lunch Break

14h15 – 15h00 Workshops: Rotation 1

Group A – Workshop 1: Anatomy

Group B – Workshop 2: Urodynamics

Group C – Workshop 3: Questionnaires

Plenary Session: Chairperson (Nucelio Lemos / Fernanda Machungo)

15h00 – 15h20 Prolapse: Aetiology and Conservative Management
(Debby Karp)

15h20 – 15h50 Prolapse: Surgery (Stephen Jeffery)

15h50 – 16h15 Discussion and Questions

- 16h15 – 16h35 Refreshment Break
- 16h35 – 17h15 Case Presentations (Nucelio Lemos / Gunter Rienhardt)
- 17h15 – 17h30 Announcements (Debby Karp)
- Close of Day 1

Saturday 2 March 2013

- 8h15 – 8h30 Arrival and Coffee
- Plenary Session: Chairperson (Stephen Jeffery / Luisa Fernandes)
- 8h30 – 8h50 Complications of Urogynaecological Surgery
(Gunter Rienhardt)
- 8h50 – 9h10 Painful Bladder Syndrome / Interstitial Cystitis
(Nucelio Lemos)
- 9h10 – 9h30 Discussion and Questions
- 9h30 – 10h15 Workshops: Rotation 2
Group A – Workshop 2: Urodynamics
Group B – Workshop 3: Questionnaires
Group C – Workshop 1: Anatomy
- 10h15 – 10h45 Refreshment Break

Plenary Session: Chairperson (Michael Breen / Gunter Rienhardt)

10h45 – 11h05 Pregnancy and the Pelvic Floor
Prevention of Pelvic Floor Dysfunction
(Nucelio Lemos)

11h05 - 11h25 Perineal lacerations (Stephen Jeffery)

11h25 – 11h45 Discussion and Questions

11h45 – 12h30 Workshops: Rotation 3
Group A – Workshop 3: Questionnaires
Group B – Workshop 1: Anatomy
Group C – Workshop 2: Urodynamics

12h30 – 13h30 Lunch Break

13h30 – 15h30 Urogenital Fistula Symposium
(Michael Breen / Igor Vaz)

15h30 – 15h45 Post-Meeting Announcements

15h45 – 16h00 Certificate Presentation
Closing Remarks (Debby Karp / Amanda Grabloski /
Igor Vaz)
Refreshments

- Workshops:**
1. Applied Pelvic Anatomy and Physiology
(Stephen Jeffery / Michael Breen)
 2. Urodynamic Evaluation
(Gunter Rienhardt)
 3. Urogynaecology Datasheet, Quality of Life
Assessment, Outcome Measures
(Debby Karp / Nucelio Lemos)



Speaker affiliations:

IUGA Organizers:

Dr Gunter Rienhardt, FCOG (SA), M.Med (O&G)

Consultant in Urogynaecology, Gynaecology and Obstetrics
Princess Anne Hospital and the University of Southampton
Southampton, UK

Deborah Karp, MD

Emory University School of medicine
Emory University Hospital
Atlanta, Georgia, USA

Local Organizing host:

Igor Vaz, MD

Director of Urology Department
IUGA, SIU, EUA, APU, COSECSA, PAUSA, CAU, ALU
Maputo, Mozambique

Mobade Usta, MD

Obstetrician Gynaecologist
AMOG, Secretary
Maputo, Mozambique

International Faculty:

Michael Breen, MD, MRCOG

Consultant Gynaecologist
Monze Hospital
Zambia

Dr. Stephen Jeffery FCOG (SA)

University of Cape Town
Groote Schuur Hospital
Cape Town, South Africa

Nucelio Lemos, MD, PhD

Post-Doctorate Researcher and Head of the Pelvic Neurodysfunctions Clinics
of the Department of Gynecology of the Federal University of São Paulo
University Hospital of the Federal University of São Paulo
São Paulo, Brazil

Local Faculty:

Prof Antonio Bugalho

Director of Obstetrics & Gynaecology Department
Maputo, Mozambique