

IUGA eXchange 2012

La Paz, Bolivia

February 14-16, 2012

This will be the third IUGA-sponsored educational event in Bolivia as part of the eXchange program cycle. The degree of focus on specific urogynecologic problems and their management will thus be more finely tuned. It will still be based on evaluation techniques, primary repairs, and non-surgical options.

Previous events included:

2008 – Site visit and eXchange planning – Santa Cruz, Bolivia

2009 – First eXchange program course – Cochabamba, Bolivia

This course will be organized in La Paz, the capital city of Bolivia, and largest city and hub of political and medical education activities.

Venue: Hospital Obrero, Centro Materno-Infantil – this is the largest teaching hospital in Bolivia and site of the largest women’s health center

Local organizer:

Local PCO: Soluttio – previously used for the Cochabamba eXchange, and seen as key to successful organization of the events in Bolivia

Co-sponsoring local professional organizations:

Medical Academy of Bolivia

Bolivian Urological Association

Bolivian Obstetric and Gynecological Association

Faculty: International G. Willy Davila – USA – IUGA organizer

Hector Soderini– Argentina

Martin Castillo – Peru

Patricia Velasquez – Mexico

Jorge Garibay - Peru

Local: Fernando Revollo – local host
 German Urenda – Cochabamba
 Yoelma Eid – La Paz
 Marcelo Torrico – Cochabamba
 Carmelo Rodriguez – Santa Cruz
 Desiree Mostajo – Santa Cruz

Agenda:

Tuesday, February 14

7:30 - 8:00 Registration

8:30	Welcome	Fernando Revollo, Willy Davila
8:40	Urogynecology world-wide: current activities and IUGA's role	Davila
8:55	Urogynecology in Latin America	Soderini
9:10	Urogynecology in El Alto, Bolivia	Yoelma Eid
9:30	What are the current needs in Bolivia (priority list)	panel
10:00	Break	
10:30	Office evaluation of the urogynecologic patient	Velasquez
11:00	Breakout sessions (20 min. each)	
	Diaries and QOL questionnaires	Pellin/Rodriguez
	POP-Q and POP evaluation	Soderini/Eid
	Cystometry and uroflowmetry	Velasquez/Urenda
12:00	Evaluation: Case discussions	Garibay
1:00	Lunch with faculty	
2:30	Common problems: hematuria	Revollo
2:50	Common problems: recurrent UTI	Urenda

3:10	Common problems: nocturia	Pellin
3:30	Cystoscopy: techniques and common findings	Torrigo
4:00	Peri-operative care	Panel
	Catheter care options	
	Pre-operative preparation and clearance	
	Post-operative precautions	
4:30	Sexual dysfunction in urogynecology	Velasquez
5:00	Review of today's activities	Revollo

Wednesday, February 15

8:00 – 1:00	Assessing normal and abnormal anatomy: <u>Live surgery transmission</u>	
	Total vaginal hysterectomy with anterior and posterior repairs	Davila and Velasquez
	Vaginal prolapse and sling procedure	Soderini and Pellin
1:00	Lunch	
2:00	Cystocele repairs: traditional repairs and results	Pellin
2:20	Cystocele repairs: recurrent repairs, mesh, and other options	Soderini
2:40	Case discussion: cystocele	Garibay
3:15	Break	
3:30	Physiotherapy in Urogynecology	Davila
4:00	Overactive bladder – optimal management	Torrigo
4:30	Urinary retention – management options	Urenda
5:00	Review of today's presentations	Revollo

Thursday, February 16

8:00	Vaginal vault prolapse – identification and importance	Davila
8:20	Vaginal approach to vault prolapse	Soderini
8:40	Abdominal approach to vault prolapse	Velasquez
9:00	The elderly with exteriorized prolapse	Davila
9:15	Case discussion: the POP patient who does not leak	Garibay
	Evaluation	Pellin
	How to manage	Soderini/Davila
	Discussion	Panel
10:00	Break	
10:15	Bladder pain syndromes: evaluation and management	Castillo
10:45	Local hormone therapy	Mostajo
11:15	Outcomes assessment in urogynecology	Eid/Urenda
	Practical implications - group discussion	
12:00	Interesting case discussion	Castillo
12:30	Lunch with faculty	
1:30	Case discussion: stress incontinence	Garibay
	Evaluation options (15)	Torrico
	TVT-type slings (15)	Velasquez
	TO-type sling (15)	Soderini
	Mini-slings (10)	Davila
	Burch colposuspension (10)	Pellin
3:00	Sling complications: erosions, recurrence, retention	Castillo
3:30	break	
3:45	Posterior compartment problems	Mod: Eid
	Rectocele	Rodriguez

	Fecal incontinence	Davila
4:15	Mesh indications and complications	Soderini
4:45	Future plans for Urogynecology in Bolivia	All
5:30	Adjourn	
	Presentation of certificates	

The overall design is to provide a case-oriented review of common urogynecologic problems, their evaluation and their management. Participation from all in attendance will be invited and encouraged, including discussion of interesting cases.

A live surgery session will be organized with the goal of demonstration of normal and abnormal anatomy, rather than simply a “how to” session on surgical approaches.

The event will end with a strategic session on future expansion of urogynecologic activities in Bolivia, with the invited presence of both Urology and ObGYN leadership at the conference.