

## IUGA-eXchange



Report on a pilot-project in the Republic of South Africa May 4-5, 2005, Johannesburg

developed and organized in collaboration with the Educational Committee of the International Urogynecological Association

prepared by Engelbert Hanzal and Paul Riss

# IUGA International Urogynecological Association www.iuga.org

#### **General Remarks**

The IUGA-eXchange Pilot Workshop took place from 04-05/05/2005 in Midrand near Johannesburg, South Africa at the Company headquartes of Johnson & Johnson, SA. The final meeting-venue was changed after the preparatory meeting, as Johnson & Johnson SA provided the company's facilities at Midrand without charge. The Workshop went along smoothly without any difficulties; there was a course-dinner (held also at the facilities of and sponsored by J&J on 05/04/05) and some time for small talk between both faculties and the participants. The response of the participants overall appeared to be very positive.

#### Faculty

Local faculty: Johann Coetzee (chairman), Hennie Cronje, Paul Swart, Gunther Rienhardt, and Drs. Pattison, Wentzel, Prollius, DeJong, Grobler, Trudi Smith IUGA faculty: Engelbert Hanzal (chairman), Paul Riss, Harold Drutz, Peter Sand

In the end there were 35 participants (gynecologists and urologists). Evaluation at the end of the workshop revealed that the educational needs of the participants were mostly met. Much positive feedback was also given in personal communications and many expressed the wish to have a follow-up event next year (this probably also holds true for those whose applications for the workshop could not be accepted). The overall impression of this pilot-project as judged by the members of both the South African and IUGA faculties in personal communications appeared to be mostly very positive.

#### Main Female Pelvic Health Issues in South Africa

The first two updates dealt with female pelvic health and public health issues in South Africa. It became clear that the most important health issues South Africa has to confront are poverty, HIV and AIDS, the latter being responsible for a significant decline in life expectancy. As a consequence urogynecology does not have a high priority in the context of South African gynecology. Due to the availability of obstetric care and cesarean sections the fistula problem appears not to be very prevalent in South Africa, although in remote rural areas this still could be a problem.

#### **Educational Issues**

Most participants expressed a strong desire to learn about the pelvic floor and function of the lower UGT. The formal evaluation and personal discussion showed a strong desire to learn about physiology, anatomy, function and in particular about surgical techniques – although these would probably be useful mostly in private medicine.

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Urogynecology is not well integrated in the teaching and practice of gynecology, nor is it a subspecialty. However, this issue is improving: A South African Society of Urogynecology (SAUGS) was founded at the tie of the IUGA workshop, with Prof. Cronje from Bloemfontein University being the first president.

#### **Final Program**

#### Appendix 2

IUGA-eXchange Definitive Program-schedule 04 & 05/05/2005

WEDNESDAY, 04/05/2005

13h30: Transfer from Midrand Proten Hotel (MPH) to the Johnson & Johnson (J&J) conference facility, for registration and welcome beverages

13h50: OPENING SESSION & WELCOME (Riss, Cronjé, Hanzal)

14h00-14h30: PLENARY SESSION

14b00: UPDATE 1: Urogynecology in South-Africa and beyond (Rienhardt/ Cronjé) 14h15: UPDATE 2: Women's health in South Africa (Pattison)

14h30 - 15h30; GROUP-WORK

Group ■RED attends WORKSHOP 1: The POP-Q System (Prollins/Su) Group ■BLUE attends WORKSHOP 2: Landmarks in pelvic Surgery (Riss/Drutz) Group ■YELLOW attends WORKSHOP 2: Cystometrography (Wentzel/Sand)

15h30; COFFEE/TEA

16h00 - 17h30; PLENARY SESSION

16h00: UPDATE 3: Quality of Life Astessment in Urogynecology (Rits) 16h15: UPDATE 4: Neurophysiology and Phannacology (Sand)

16h30 - 17h30: GROUP-WORK

Group ERED attends WORKSHOP 4: Perineal anatomy and repair (Cronjë) Group EBLUE attends WORKSHOP 5: Bladder Diagy (De Jong/Wentzel) Group = YELLOW attends WORKSHOP 6: How to read a scientific article (Hanza/Coetzee)

17h30: Transfer to MPH to freshen-up, 18h45, transfer back to J&J

19h00: Course dinner

THURSDAY, 05/05/2005

08h30: Transfer from MPH to J&J for registration and welcome coffee

09h00 – 09h30; PLENARY SESSION 09h00: UPDATE 5: Drugs and the Bladder (Drutz) 09h15: UPDATE 6: Surgical anatomy of the Pelvis (Coetzee) 09h30 - 10h30; GROUP-WORK

Group BLUE attends WORKSHOP 1: The POP-Q System (Prolliuu/Su) Group YELLOW attends WORKSHOP 2: Landmarks in pelvic Surgery (Riss/Drutz) Group RED attends WORKSHOP 3: Cystometrography (Wentzel/Sand)

10h30: COFFEE/TEA

11µ00 – 11µ30: PLENARY SESSION 11µ00: UPDATE 7: Pregnancy and the pelvic Floor (Swart) 11µ15: UPDATE 8: Imaging in pelvic Organ Prolapte (Boonzaäer)

11h30 - 12h30: GROUP-WORK

Group BLUE attends WORKSHOP 4: Perineal anatomy and repair (Cronjé/) Group YELLOW attends WORKSHOP 5: Bladder Diary (De Jong/Wentzel) Group RED attends WORKSHOP 6: How to read a scientific article (Hanzal/Coetzee)

12h30: LUNCH AND BANTERING

14h00 - 14h30: PLENARY SESSION

14h00: UPDATE 9: Conservative Treatment of Incontinence (Smith) 14h15: UPDATE 10: Ano-rectal Dysfunction (Grobler)

14h30 - 15h30: GROUP-WORK

Group =YELLOW attends WORKSHOP 1: The POP-Q System (Prollins/Su) Group =RED attends WORKSHOP 2: Landmarks in pelvic Surgery (Riss/Drutz) Group =BLUE attends WORKSHOP 3: Cystometrography (Wentzel/Sand)

15h30: COFFEE/TEA

16h00 - 17h30; PLENARY SESSION

16h00: UPDATE 11: To Mesh or not ... (Riss) 16h15: UPDATE 12: Female sexual Dysfunction (Hanzal)

16h30 - 17h30: GROUP-WORK

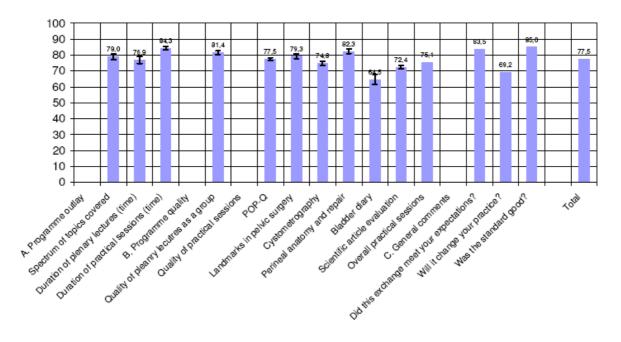
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17h30: COURSE EVALUATION, CLOSING REMARKS

Transfer back to PMH No formal evening programme, dinner at leisure



#### Evaluation





### Atmosphere at the Meeting

