



FINAL PROGRAM

Cape Town, South Africa *at Stellenbosch University*



January 25-27, 2013

International Faculty

Mr Abdul H Sultan MD, FRCOG

Consultant Obstetrician and Gynaecologist
Honorary Reader St George's University of London
Croydon University Hospital
Croydon, Surrey, UK

Ranee Thakar, MCOG

Honorary Lecturer, St. George's University of London, London
Secretary, IUGA
Croydon University Hospital
Croydon, UK

Jan Paul Roovers

Urogynecologist
Academic Medical Center Amsterdam, Pelvic Floor Center
Amsterdam, Netherlands

Igor Vaz

Consultant Urologist,
Central Hospital, Maputo, Mozambique

Catherine A. Matthews, MD

NCMB, ABOG, AUGS, ACOG, IUGA
University of North Carolina at Chapel Hill
Chapel Hill, North Carolina, USA

Anneke Steensma

Erasmus Medical Centre, Netherlands

Local Faculty

Dr. Etienne Henn

University of the Free State
Universitas Hospital
Bloemfontein, South Africa

Suran Ramphal

Frans Jacob van Wijk, FCS (UROL)

Pretoria Urology & Steve Biko Hospital
Pretoria, South Africa

Dr. Zeelha Abdool

Consultant Obstetrician & Gynaecologist,
University of Pretoria
Steve Biko Academic Hospital,
Pretoria, South Africa

Mrs. Hester van Aswegen, BPhysT

South African society of Physiotherapy (SASP)
Women's Health Physiotherapy Group (WHPG)
Continence Association of SA (CASA)
HPSCA
WITS Donald Gordon Medical Centre
Johannesburg, South Africa

Dr. Stephen Jeffery FCOG (SA)

University of Cape Town
Groote Schuur Hospital
Cape Town, South Africa

Lisa Kaestner, FCUrol (SA)

Consultant Urologist, Senior lecturer
College of Urologists of South Africa & The South
African Urological Association
Groote Schuur Hospital, University of Cape Town
Cape Town, South Africa

Prof Robert (Bob) Baigrie

Colorectal Surgery Unit
Kingsbury Hospital and Groote Schuur Hospital
Cape Town, South Africa

Dr. Jacobus A. van Rensburg, FCOG (SA)

SASOG, SAUGA, ICS, BCMA, BMA, Society
Obstetricians and Gynaecology New Brunswick
Tygerberg Hospital
Cape Town, South Africa

Dr Kendall Brouard FCOG(SA)

University of Cape Town
Groote Schuur Hospital
Cape Town, South Africa

Dr. Peter de Jong

Department of Gynaecology
University of Cape Town and
Chris Barnard Memorial Hospital
Cape Town, South Africa

OTHER Speakers:

Miss Corina Avni B.Sc. (Hons)

WH1 (Woman's Health 1)

ACPWH (Association of Chartered Physios in Woman's
Health)

South African Society of Physiotherapy (SASP)

Woman's Health Physiotherapy Group (WHPG; SA)

Association of Chartered Physiotherapists in Woman's
Health (ACPWH; UK)

South African Urogynae Association (SAUGA)

International Pelvic Pain Society (IPPS)

Health Professionals Council of South Africa (HPCSA)

Kingsbury LifeHealthCare Hospital

Cape Town, South Africa

Dr. Stephen M Eppel, MbBCh., FRCS(Edin)., ABU

American Board of Urology
American Urological Association
South African Urological Association
South African Medical Association
Christiaan Barnard Memorial Hospital
Cape Town, South Africa

Philip Zinn

IUGA Staff

Charles A. Shields, Jr

Executive Director
Email: chuck@iuga.org
790 E. Broward Blvd. Suite 300
Fort Lauderdale, FL 33301
Telephone: +1 954.763.1456 - Ext.118

Amanda Grabloski

Manager of Educational Programs
Email: amanda@iuga.org
790 E. Broward Blvd. Suite 300
Fort Lauderdale, FL 33301
Telephone: +1 954.763.1456 Ext.116

PROGRAM TIMETABLE

Friday, January 25, 2013

TIME	TITLE	SPEAKER
8:30 - 9:00	Registration	
SESSION 1 - Incontinence		Moderator Brouard/Sultan
9:00 – 9:25	Which tape? How I decide	Frans vanWijk
9:25 - 9:50	The role of the physiotherapist in the management of female pelvic floor muscle dysfunction	Linda Herbert
9:50 - 10:15	Practical approach to faecal incontinence	Abdul Sultan
10:15 - 10:50	How to avoid dyspareunia following urogynaecology procedures	Catherine Matthews
10:50 - 11:15	TEA	Ramphal / vanWijk
11:15 - 11:40	Obstructed defecation: surgeons approach	Bob Baigrie
11:40 - 12:05	Avoiding fistula in Urogynaecology	Suren Ramphal
12:05 - 12:30	Complex vesico – vaginal fistula repair	Igor Vaz
12:30 - 13:30	LUNCH	

Saturday, January 26, 2013

TIME	TITLE	SPEAKER
SESSION 2 - OAB and OTHERS		Moderator S Jeffery / JP Roovers
9:00 – 9:25	Hysterectomy – which way?	Ranee Thakar
9:25 - 9:50	OAB: when medicines fail	Zeelha Abdool
9:50 - 10:15	Does a UDS make any difference?	JP Roovers
10:15 - 10:40	Office evaluation of the urogynaecology patient	Catherine Matthews
10:40 - 11:15	TEA	Henn / van Aswegen
11:15 - 11:40	Don't forget diverticula	Lisa Kaestner
11:40 - 12:05	Relationship between prolapse and continence	JP Roovers
12:05 - 12:30	Prevention of Perineal Trauma	Ranee Thakar
12:30 - 13:30	LUNCH	

Sunday, January 27, 2013

TIME	TITLE	SPEAKER
SESSION 3 - PROLAPSE		Moderator K van Rensburg /
9:00 – 9:25	Repair of uterine prolapse	Stephen Jeffery
9:25 - 9:50	Posterior compartment prolapse – ideal approach	Anneke Steensma
9:50 - 10:15	Prolapse repair options without mesh	Kobus van Rensburg
10:15 - 10:40	Endoscopic approach to prolapse	Catherine Matthews
10:40 - 11:15	TEA	Swart
11:15 - 11:40	Does vaginal delivery cause Pelvic Floor Dysfunction	Peter de Jong
11:40 - 12:05	Anterior compartment prolapse – ideal approach	Abdul Sultan
12:05 - 12:30	Mesh: Blowing up a storm	JP Roovers
12:30	Closing and Presentation of CDP Certificates	

AFTERNOON WORKSHOPS

Friday, January 25 and Saturday January 26, 2013		14:00 - 17:00
TITLE	SPEAKERS	
Basic urodynamics made simple	Kendall Brouard & Paul Swart	
Complications of prolapse and incontinence surgery	Stephen Jeffery & Frans vanWijk	
Imaging the pelvic floor	Etienne Henn, Zeelha Abdool & Anneke Steensma	
Anal sphincter repair – practically speaking	Abdul Sultan & Raneer Thakar	
Manchester repair revisited (live surgery)	Kobus van Rensburg & Suren Ramphal	
Pelvic Pain	Hester van Aswegen & Tessa Loftus	
Mesh surgery – how to guarantee quality	JP Roovers & Peter de Jong	

Disclosures

Conflict of Interest Declared

SPEAKER	CONFLICT OF INTEREST
Stephen Jeffery	Consultant/Speaker Bureau: Boston Scientific, Bard, AMS; Other Financial Support: Travel (Boston Scientific, Bard, AMS)
Etienne Henn	Consultant/Speaker Bureau: Ethicon (Gynecare Women's Health)
Ranee Thakar	Other Financial Support: Speaker for Pfizer and Astellas in educational meetings. Honorarium goes to charity fund.
Jan-Paul Roovers	Grant/Resarch support: AMS, Bard
Catherine Matthews	Consultant/Speaker Bureau: Intuitive Surgical and AMS

No Conflict of Interest Declared

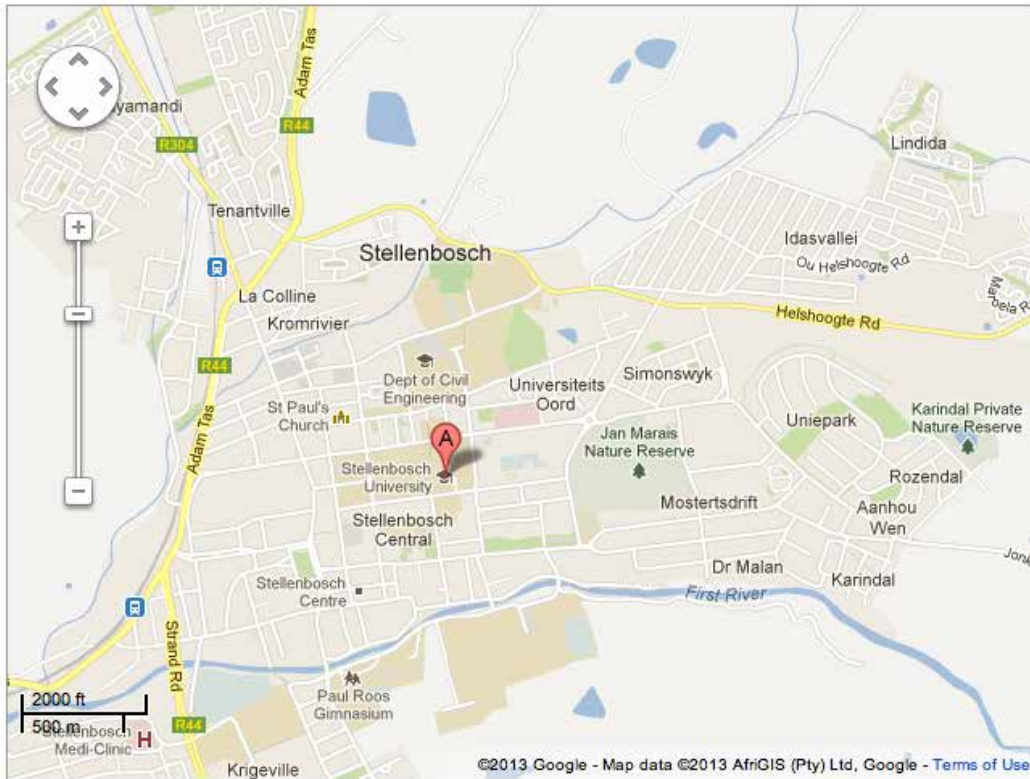
SPEAKER	NO CONFLICT OF INTEREST DECLARED
Peter De Jong	X
Jacobus A. van Rensburg	X
Kendall Brouard	X
Lisa Kaestner	X
Robert Baigrie	X
Tessa Loftus	X
Suran Ramphal	X
Frans van Wijk	X
Zeelha Abdool	X
Hester van Aswegen	X
Abdul Sultan	X
Igor Vaz	X
Anneke Steensma	X
Corina Avni	X
Stephen Eppel	X
Philip Zinn	X



Symposium Location

Symposium Location: Stellenbosch University

The Ou Hoofgebou Law Faculty, Old Main Building, at Stellenbosch University located on the corner of Crozier and Ryneveld Streets.



The Ou Hoofgebou Law Faculty, Old Main Building, at Stellenbosch University located on the corner of Crozier and Ryneveld Streets. Private parking (and handicap parking) is available around the corner of Victoria Street (turn right at the circle in Ryneveld street, and right into the Ou Hoofgebou's parking lot). Alternatively public parking is available along Crozier street.

Important Information

Welcome Reception:

The welcome cocktail reception will be held at the Dornier wine estate, Blaauwklippen Road, Stellenbosch on Friday, January 25, 2013 following the workshops. You will have the chance to taste the finest Cape champagnes.

Evaluation Form/Certificates

Please complete the evaluation form that was included in your congress bag. The complete evaluation form will be exchanged for a certificate of attendance at the completion of the congress.

Registration and IUGA Membership

All delegates who registered as non-members will receive complimentary 12 month IUGA membership and 12 months electronic access to IUJ (no print). You will be contacted with your membership information following the Symposium.

Receipts

Onsite registration receipts will be given only at the end of the Symposium with your certificate of attendance. If you require any other receipt or letter, please notify the IUGA staff at the registration area.

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