

IUGA REGIONAL SYMPOSIUM, Singapore

27 – 29 April 2012

National University Hospital

FINAL REPORT

Background

The IUGA Regional Symposia is to provide educational opportunities to clinicians in various worldwide geographic locations regarding both basic and advanced urogynaecology, encourage exchange of knowledge and experiences regarding urogynaecology and identify specific areas of urogynaecologic educational needs specific to each region. The 3-day symposium reflects the educational needs of the local health care providers, related to gynaecology & obstetrics, urogynaecology, urology, colorectal surgery, gastroenterology and sexual dysfunction. Experts in these areas have been selected to be the international and local faculties for this educational event.

Location/Date/Local Host

Singapore was appointed as the location for the seventh Regional Symposium, representing the South-East Asian region. This 3-day programme includes a pre-symposium workshop followed by the symposia which were held from Friday April 27 to Sunday April 29, 2012. The local host was Dr Roy Ng from Department of Obstetrics & Gynaecology, National University Hospital, National University Health System.

Venue

The 3-day symposium was held in the Auditorium, National University Health System (NUHS Tower Block), National University Hospital, Singapore. Audiovisual was provided by the facility.

Language

The official language of the program was English. Translation was not provided.

Registration

There were a total of 139 registrants. Most of the registrations were done through the IUGA office via the online registration system. A few registrants had on-site registration. Registrants included 27 speakers (no charge), 2 moderators (no charge), 1 administrative person (no charge), 13 sonographers & pre-symposium workshop facilitators (no charge), 1 medical student (no charge), 44 residents/trainees/nurses (40% of registrants), 30 IUGA members and 13 non-members. Overall, 45% of the participants were from Singapore, 28% were from Indonesia while 27% were from Australia (n=1), Hong Kong (n=2), India (n=1), Philippines (n=6), Malaysia (n=12), Taiwan (n=4), Thailand (n=1) and Japan (n=2).

Registration fees were 75USD for Residents/Trainees/Nurses/Physiotherapists/NUHS staff, 150USD for IUGA members and 250USD for non-members. A Registration Desk was set up in the Foyer at the venue where all registrants checked in to collect the symposium material, which included programme booklet, symposium syllabus CD, name badge, evaluation form and Singapore guide donated by Singapore Tourism Board. The Registration Desk was manned by one IUGA administrator and 2 local secretarial assistants for the duration of the symposium.

Program and Lectures

The 3-day program commenced on Friday, 27 April 2012 at 07:45 with a NUH Grand Round Lecture by Prof Peter Dietz followed by a Pre-symposium Workshop, a Pre-symposium session and Opening Reception at 17:00; Saturday, 28 April 2012, lectures started at 08:30 and ended at 17:35; Sunday, 29 April 2012, lectures started at 08:30 with concluding remarks at 17:20 ending the symposium; lunch and coffee breaks were provided on all 3 days of the program.

The 20-30 mins lectures were presented by internationally renowned urogynaecologists and included Peter Dietz (Australia), Chris Maher (Australia), Helena Frawley (Australia), Mohamed Abdel Fattah (United Kingdom), Aruku Naidu (Malaysia), Khong Su Yen (Malaysia), Azmi Md Nor (Malaysia), Junizaf Zaidun (Indonesia), Suvit Bunyavejchevin (Thailand), Lisa Prodigalidad (Philippines), Lo Tsia Shu (Taiwan), Lan Zhu (China), Jimmy Nomura (Japan) and N Rajamaheswari (India). Local Singapore speakers included Arijit Biswas, Adaikan Ganesan, Aileen Seah, David Consigliere, K Rajendran, Ruben Wong, Yong Eu Leong, William Han How Chuan, Lee Lih Charn, Arthur Tseng, Chua Hong Liang, Christopher Chong, James Lee and Roy Ng who also served as the local host (see program).

Certificate

At the conclusion of the 3rd day, each participant received a certificate of attendance in exchange for their completed evaluation forms.

Educational Credits

The Singapore Medical Council approved 12 CME points to the whole symposium to local doctors (4 CME credits per day).

Syllabus

A Compact Disk containing the syllabus of proceedings was professionally recorded and provided to all attendees and speakers.

Course Evaluations

The evaluation forms were completed by 57.6% of participants (80/139). The majority of attendees were Urogynaecologist (36%). Overall, 42% rated the program as excellent and 55.5% rated good. 97.6% of participant rated the level of content as good to excellent and over 97.6% rated the speakers as good or excellent. The syllabus material, facility with respect to learning and quality of the AV were rated as good or excellent in 90.1%, 98.7%, and 98.7%, respectively. Overall organization was rated as excellent in 50% and good in 45%.

Informal Dinner

All regional and international speakers were invited to the Informal Dinners which were held on Thursday April 26 and Saturday April 28 in the evening. The dinner was held at Nasrin Ocean Persian & Seafood Cuisine which served Indian/Persian cuisine and Straits Kitchen which served local cuisine.

Opening Reception

All of the symposium participants as well as the lecturers and organizers were invited to the opening ceremony, held on Friday April 27 in the evening at the Foyer of NUHS Tower Block in National University Hospital. Opening address was given by Dr Lisa Prodigalidad, IUGA International Board Representative and welcome addresses were given by both Professor Yong Eu Leong, the Head of Department of Obstetrics & Gynaecology, National University Hospital, and Dr Roy Ng, Senior Consultant of the Department of Obstetrics & Gynaecology, National University Hospital (Local Chair). The opening ceremony was followed by a welcome reception serving local cuisine and wine.

Faculty Dinner

All speakers and administrative support were invited to the Faculty Dinner which was held on Friday April 27 in the evening after the Opening Reception. The dinner was held at Min Jiang Restaurant in Goodwood Park Hotel which served fine Sichuan cuisine.

Industry Support

There was no industry support to the symposium. The lunch and coffee breaks, informal dinners, opening reception and faculty dinner were sponsored by IUGA.

Future

The next Regional Symposium will be held in Jeddah, Saudi Arabia on November 28-29, 2012.

Program

International Faculty

Prof Hans Peter Dietz
Sydney Medical School Nepean
University of Sydney
Penrith, Australia

Assoc Prof Christopher Maher
Royal Brisbane Women's Hospital
University of Queensland
Brisbane, Australia

Prof Azmi Md Nor
International Islamic University Malaysia
Hospital Tengku Ampuan Afzan
Kuantan, Pahang, Malaysia

Prof Junizaf Zaidun
University of Indonesia
Cipto Mangunkusumo Hospital
Jakarta, Indonesia

Assoc Prof Khong Su Yen
University of Malaysia
Pusat Perubation Universiti Malaya
Kuala Lumpur, Malaysia

Assoc Prof Tsia Shu Lo
Chang Gung University
Chang Gung Memorial Hospital
Taoyuan, Taiwan

Dr Mohamed Abdel Fattah
University of Aberdeen
Aberdeen, Scotland

Prof Lan Zhu
Peking Union Medical College Hospital
Beijing, People's Republic of China

Assoc Prof Suvit Bunyavejchevin
Chulalongkorn University Hospital
Bangkok, Thailand

Dr Helena Frawley
University of Melbourne
Melbourne, Australia

Assoc Prof Lisa Prodigalidad
University of the Philippines
Philippines General Hospital
Manila, Philippines

Prof Rajamaheswari N
Government Kasthurbha Hospital
Madras Medical College
Chennai, Tamil Nadu, India

Prof Masayoshi Jimmy Nomura
Kameda Medical Center
Japan

Dr Aruku Naidu
Hospital Raja Permaisuri Bainun
Ipoh, Perak, Malaysia

Local Faculty

Dr Roy Ng (*Local Host*)
National University Hospital
Singapore

Dr Reuben Wong
National University Hospital
Singapore

Prof Arijit Biswas
National University Hospital
Singapore

Adj Prof William Han How Chuan
KK Women's & Children's Hospital
Singapore

Assoc Prof Wong Yee Chee
National University Hospital
Singapore

Prof Rajendran K
National University Hospital
Singapore

Dr Lee Lih Charn
KK Women's & Children's Hospital
Singapore

Prof Yong Eu Leong
National University Hospital
Singapore

Dr Cheong Wai Kit
National University Hospital
Singapore

Dr Chris Chong Yew Luan
Gleneagles Hospital
Singapore

Dr Aileen Seah Ai Lin
National University Hospital
Singapore

Dr David Consigliere
National University Hospital
Singapore

Dr Chua Hong Liang
Singapore General Hospital
Singapore

Assoc Prof Ilancheran A
National University Hospital
Singapore

Dr Arthur Tseng
KK Women's & Children's Hospital
Singapore

Dr James Lee
Mount Elizabeth Hospital
Singapore

Prof Adaikan Ganesan
National University Hospital
Singapore

Dr Fong Yoke Fai
National University Hospital
Singapore

Local Host

Dr Roy Ng

Program

Friday April 27, 2012

Time	Programme	Speaker
NUH Grand Round		
Chairperson: Dr Roy Ng		
0745 - 0830	How can imaging help the pelvic reconstructive surgeon?	Hans Peter Dietz
Pre-symposium workshop: Ultrasound Pelvic Floor Imaging & endoanal ultrasound		
Workshop Covenor: Hans Peter Dietz (Australia) & Azmi Md Nor (Malaysia)		
Moderators: Arijit Biswas (Singapore) & Wong Yee Chee (Singapore)		
0730 - 0845	Registration	
0845 - 0900	Welcome address	Arijit Biswas (Singapore)
0900 - 0925	Anterior compartment	Hans Peter Dietz (Australia)
0925 - 0950	Posterior compartment	Hans Peter Dietz (Australia)
0950 - 1040	Live scanning Q&A	Hans Peter Dietz (Australia)
1040 - 1055	Tea break	
1055 - 1120	Slings	Hans Peter Dietz (Australia)
1120 - 1145	Pelvic trauma	Hans Peter Dietz (Australia)
1145 - 1235	Live scanning Q&A	Hans Peter Dietz (Australia)
1235 - 1330	Lunch	
1330 - 1355	Endoanal ultrasound for beginners	Azmi Md Nor (Malaysia)
1355 - 1425	Live scanning Q&A	Azmi Md Nor (Malaysia)
Pre-symposium session: Faecal incontinence & Irritable bowel syndrome		
Moderators: Azmi Md Nor (Malaysia) & Cheong Wai Kit (Singapore)		
1425 - 1445	Investigation of faecal incontinence	Azmi Md Nor (Malaysia)
1445 - 1515	Management of faecal incontinence - Secondary repair of anal sphincter tear and recto-vaginal fistula	Aileen Seah (Singapore)
1515 - 1530	Tea Break	
1530 - 1600	Management of primary obstetrics anal sphincter tears	Roy Ng (Singapore)
1600 - 1625	Irritable Bowel Syndrome - Just bad bowels or more?	Reuben Wong (Singapore)
1625 - 1650	Total vaginal mesh for POP	Han How Chuan William (Singapore)
1650 - 1700	Q&A	
1700 - 1830	Opening Reception	
1900 - 2130	Formal Faculty Dinner (All International, Regional & Local speakers and Local organising committee)	

Saturday April 28, 2012

Time	Programme	Speaker
0800 - 0830	Registration	
Session I: Anatomy & Investigations for Urogynaecologists & Pelvic Organ Prolapse (POP)		
Moderators: Hans Peter Dietz (Australia) & Chris Maher (Australia)		
0830 - 0855	Pelvic floor anatomy	K Rajendran (Singapore)
0855 - 0920	Surgical Anatomy for the vaginal/ pelvic surgeon	Roy Ng (Singapore)
0920 - 0940	Ethnic differences in pelvic floor function between nulliparous Chinese & Caucasian women on MRI	Yong Eu Leong (Singapore)
0940 - 1000	Urodynamics for POP surgery	Chris Maher (Australia)
1000 - 1010	Q&A	
1010 - 1025	Tea break	
Session II: Management of POP I		
Moderators: Aruku Naidu (Malaysia) & A. Ilancheran (Singapore)		
1025 - 1050	Uterine conservation at prolapse	Chua Hong Liang (Singapore)
1050 - 1115	Colpocleisis & colpectomy - a viable option for the unfit patient	Aruku Naidu (Malaysia)
1115 - 1145	Vaginal hysterectomy with McCall culdoplasty	H. Junizaf Zaidun (Indonesia)
1145 - 1215	Conventional surgery for large uterovaginal prolapse	Khong Su Yen (Malaysia)
1215 - 1230	Q&A	
1230 - 1330	Lunch	
Session III: Management of POP II		
Moderators: Khong Su Yen (Malaysia) & Mohamed Abdel Fattah (UK)		
1330 - 1355	Laparoscopic surgery for POP	Chris Maher (Australia)
1355 - 1425	Conventional fascial repair for anterior & posterior compartment	Arthur Tseng (Singapore)
1425 - 1455	Evidence-based guidelines on the use of mesh/ mesh kits: Indications & Limitations	Mohamed Abdel Fattah (UK)
1455 - 1520	Self-cut mesh for most POP	Lan Zhu (China)
1520 - 1530	Q&A	
1530 - 1545	Tea break	
Session IV: Management of POP III		
Moderators: Tsia Shu Lo (Taiwan) & Roy Ng (Singapore)		
1545 - 1615	Vaginal mesh for POP - 1st & 2nd generation	Tsia Shu Lo (Taiwan)
1615 - 1640	Management of mesh complications	Tsia Shu Lo (Taiwan)
1640 - 1710	Recurrence after prolapse surgery: Prediction, prevention & management	Hans Peter Dietz (Australia)
1710 - 1735	Female sexual dysfunction	Adaikan Ganesan (Singapore)
1735 - 1745	Q&A	
1900 - 2130	Dinner (International & Regional speakers)	

Sunday April 29, 2012

Time	Programme	Speaker
Session V: Investigations of urinary incontinence		
Moderators: Lan Zhu (China) & Chua Hong Liang (Singapore)		
0830 - 0855	Urodynamics for urinary incontinence	James Lee (Singapore)
0855 - 0920	Voiding difficulty	Khong Su Yen (Malaysia)
0920 - 0945	Imaging in urinary incontinence	Hans Peter Dietz (Australia)
0945 - 0955	Q&A	
0955 - 1010	Tea break	
Session VI: Management of urinary incontinence I		
Moderators: Suvit Bunyavejchevin (Thailand) & Lisa Prodigalidad (Philippines)		
1010 - 1035	Conservative management of urinary incontinence & POP (Pelvic floor muscle training)	Helena Frawley (Australia)
1035 - 1100	Conservative management of urinary POP & incontinence (Pessaries, devices, hormones & drugs)	Suvit Bunyavejchevin (Thailand)
1100 - 1125	Overactive bladder	Lisa Prodigalidad (Philippines)
1125 - 1150	Recurrent UTI	Lisa Prodigalidad (Philippines)
1150 - 1215	Painful bladder syndrome (Interstitial cystitis)	Lee Lih Charn (Singapore)
1215 - 1225	Q&A	
1225 - 1330	Lunch	
Session VII: Management of urinary incontinence II		
Moderators: Jimmy Nomura (Japan) & Fong Yoke Fai (Singapore)		
1330 - 1400	Burch Colposuspension (Open & Laparoscopic)	Chris Maher (Australia)
1400 - 1430	Mid-urethral tapes (MUTs): Retropubic & Transobturator tapes	Mohamed Abdel Fattah (UK)
1430 - 1450	Self-cut retropubic MUT	Chris Chong (Singapore)
1450 - 1515	Mini-slings	Mohamed Abdel Fattah (UK)
1515 - 1525	Q&A	
1525 - 1540	Tea break	
Session VIII: Management of urinary incontinence III		
Moderators: David Consigliere (Singapore) & N. Rajamaheswari (India)		
1540 - 1610	Management of complications of MUTs	Jimmy Nomura (Japan)
1610 - 1640	Prevention and management of vesico- & urethrovaginal fistula	N. Rajamaheswari (India)
1640 - 1710	Prevention & urological management of urinary tract injuries	David Consigliere (Singapore)
1710 - 1720	Q&A	
1720 - 1730	Closing remarks	

Photo Gallery

