

## **IUGA REGIONAL SYMPOSIUM – TEL AVIV, ISRAEL**

3-5 October 2010

Sackler School of Medicine, Tel Aviv University

### **FINAL REPORT**

#### **Background**

The IUGA Regional Symposia is to provide educational opportunities to clinicians in various worldwide geographic locations regarding both basic and advanced urogynecology, encourage exchange of knowledge and experiences regarding urogynecology and identify specific areas of urogynecologic educational needs specific to each region. Given the complex and delicate geopolitical atmosphere in the Middle East, the organizing committee of the Regional Symposium in Tel Aviv felt committed to involve speakers and attendees from neighboring countries. Unfortunately, efforts were fruitless as regards speakers. Thanks to the guidance and assistance of the “Peres Center for Peace” and to IUGA's generous support, 5 attendees from the Palestinian Authority took part in the Symposium. This was considered a great achievement and a first step towards better cooperation and possible future exchanges.

#### **Location/Date/Local Host**

Tel Aviv was appointed as the location for the fourth Regional Symposium, representing the Middle East region. This 2-day symposium was held on Sunday October 3 and Monday October 4. On Tuesday, October 5, 2 off-site workshops took place: a surgery master-class with Prof Mauro Cervigni and a pelvic floor ultrasound workshop with Prof Hans Peter Dietz. The local hosts were Dr. Anna Padoa, Department of Obstetrics and Gynecology, Assaf Harofe Medical Center, member of the Israeli Society of Urogynaecology, and Dr. Yuval Lavy, Department of Obstetrics and Gynecology, Hadassah Har Hatzofim, president of the Israeli Society of Urogynaecology.

#### **Venue**

The 2-day symposium was held at the “Lola” and “Dolphi” Halls, at the “Sackler School of Medicine”, Tel Aviv University. Audiovisual was provided by the facility. On October 5, the surgery master-class with Prof Mauro Cervigni was held at the “Assaf Harofe Medical Center”, Tzrifin, and the pelvic floor ultrasound workshop with Prof Hans Peter Dietz was held at the “Chaim Sheba Medical Center”, Tel Hashomer.

#### **Language**

The official language of the program was English. Translation was not provided.

## **Registration**

There were a total of 95 registrants. Most of the registrations were done through the IUGA office via the online registration system or by faxed registrations. A few registrants had on-site registration. Registrants included 31 speakers, organizers and moderators (no charge), 2 administrative person (no charge), 55 residents/trainees/nurses (32% of registrants), 15 IUGA members, and 31 non-members. Overall, 80% of the participants were from Israel, while 20% were from Australia (n=3), Czech Republic (n=2), Italy (n=1), Korea (n=2), Palestinian Authority (n=5), United Kingdom (n=2), USA (n=3). Registrants from the Palestinian Authority were not charged a registration fee; this was covered by a grant from IUGA.

Registration fees were 75USD for Residents/Trainees/Nurses, 150USD for IUGA members and 200USD for non-members. A Registration Desk was set up in the Foyer at the venue where all registrants checked in to collect the symposium material, which includes symposium syllabus, name badge and evaluation form. The Registration Desk was manned by two IUGA administrators and 2 local secretarial assistants for the duration of the symposium.

## **Program and Lectures**

The 2-day program commenced on Sunday, October 3, 2010 at 08:00 with opening remarks by the local host Dr Anna Padoa and the IUGA President, Dr Peter Sand, followed by a full day of lectures and Opening Reception at 18:00; Monday, October 4, 2010, lectures started at 08:00 with concluding remarks by the local host Dr Yuval Lavy at 16:50 ending the symposium; lunch and coffee breaks were provided on both days of the program.

The 20-40-minute lectures were presented by internationally renowned urogynecologists and included Mauro Cervigni (Italy), Peter Dietz (Australia), Peter Sand (USA), Abdul Sultan (UK), Ranee Thakar (UK). Prof Vincent Delmas (France) and Prof Stuart Stanton (UK) were part of the original program, but unfortunately they cancelled their participation at the last minute, both for personal reasons. Local Israeli speakers included Drorit Hochner, Gil Levy, Asnat Groutz, Lior Lowenstein, David Gordon, Menachem Alcalay, Yoram Abramov, Talli Rosenbaum, Alex Condrea, Benny Feiner.

## **Certificate**

At the conclusion of the 2<sup>nd</sup> day, each participant received a certificate of attendance in exchange for their completed evaluation forms.

## **Educational Credits**

There were no CME credits allotted to this course.

## **Syllabus**

Syllabus material was provided to all attendees and speakers in the form of 2 CDs, which included PDF versions of all the presentations given during the symposium.

## **Course Evaluations**

The evaluation forms were completed by 82% of participants (78/94). The majority of attendees were OB/GYN (34%). Overall, 58% rated the program was excellent and 37% rated good. 96% of participant rated the level of content as good to excellent and over 96% rated the speakers as good or excellent. The syllabus material, facility with respect to learning and quality of the AV were rated as good or excellent in 83%, 88%, and 88%, respectively. Overall organization was rated as excellent in 60% and good in 32%.

The first presentation on day 1 received poor evaluations and requires an explanation. The presentation was supposed to be an anatomy lecture by Vincent Delmas, Professor of anatomy and urology. Prof Delmas cancelled his trip one week before the symposium due to family reasons, but offered to send a DVD of his famous anatomy lecture, to be shown in his absence. Prof Cervigni kindly agreed to hold the session and comment on the DVD, which was mailed from France and arrived right on time, but was unfortunately of very poor quality. As a consequence, participants rated the lecture to be very poor. This evaluation does not reflect Prof Cervigni's performance as a lecturer and should be disregarded.

## **Opening Reception**

All of the symposium participants as well as the lecturers and organizers were invited to the opening reception, held on Sunday evening at the Olive Plant Garden, at the Eretz Israel Museum. Live jazz music was played by the "Doron Rafaeli Trio" while a cocktail of wine and local cheese selection was served. Welcome addresses were given by both the President of the International Urogynecological Association, Dr Peter Sand and the President of the Israeli Society of Urogynecology, Dr Yuval Lavy. During the reception, attendees enjoyed a guided tour of the "Jewish Ethnography and Folklore" Pavilion. The opening reception was the only event with industry support during the symposium.

## **Faculty Dinner**

All speakers, members of the organizing committee and administrative support were invited to the Faculty Dinner which was held Saturday, October 2. The dinner was held at the Pinni Bachatzer restaurant, situated in Old Jaffa on the sea shore, which served fine local cuisine. The Faculty Dinner was sponsored by IUGA.

## **Industry Support**

The Opening Reception was held thanks to the support of Astellas Europe, AMS, Ferring and J&J. Each company equally contributed funding for the Reception.

***International Faculty***

University of Sydney  
Penrith, Australia

Peter Sand, MD  
Professor OB/GYN & Director, Division  
of Urogynecology and Reconstructive  
Surgery, University of Chicago,  
Pritzker School of Medicine Director,  
Evanston Continence Center &  
Fellowship in Female Pelvic Medicine  
NorthShore University Health Evanston  
Illinois USA

Mauro Cervigni, MD  
Professor of Urogynecology Catholic  
University, Rome  
Chief of Urogynecology, Department  
San Carlo-IDI Hospital  
Chief, Interstitial Cystitis Referral Center  
Rome, Italy

Ranee Thakar, MD  
May University Hospital Croydon, UK

Abdul Sultan, MD  
May University Hospital Croydon, UK

Hans Peter Dietz, MD  
Professor and Head of Discipline  
OB/GYN and Neonatology  
Sydney Medical School - Nepean

***Local Faculty and Organizing  
Committee***

Yoram Abramov, MD  
Urogynecology Service  
Carmel Medical Center, Haifa, Israel

Revital Arbel, MD  
Urogynecology Service  
Shaare-Zedek Medical Center  
Jerusalem, Israel

Menachem Alcalay, MD  
Head of Urogynecology Service  
Department of Obstetrics & Gynecology  
Chaim Sheba Medical Center, Tel  
Hashomer, Israel

Mark Beer-Gabel, MD  
Head of Neuro-gastroenterology Unit  
Sheba Medical Center  
Tel Hashomer, Israel

Edith Wolfson Medical Center, Holon,  
Israel

Alexander Condrea MD  
Director of Division of Urogynecology  
and Pelvic floor surgery  
E.Wolfson Medical Center  
Holon, Israel

Vered Eisenberg, MD, MHA  
Department of Obstetrics and  
Gynecology  
Sheba Medical Center  
*Tel Hashomer, Israel*

Benjamin Feiner, MD  
Department of Obstetrics & Gynecology  
Hillel Yaffe Medical Center  
*Hadera, Israel*

Michael Friedman, MD, MHA  
Senior Gynecologist  
Department of Gynecology, Rambam  
Medical Center  
Haifa, Israel

Gabriel Gillon, MD  
Female Urology and Neuro-Urology  
Service  
Rabin Medical Center, Petah Tikva, Israel

Shimon Ginath, MD  
Division of Urogynecology & Pelvic Floor  
Surgery  
Department of Obstetrics & Gynecology

Eyal Goldschmidt, MD  
Head of Urogynecology Service  
Department of Obstetrics & Gynecology  
Bnai Zion Medical Center, Haifa, Israel

David Gordon, MD  
Head of Urogynecology and Pelvic Floor  
Unit, Lis Maternity Hospital  
Tel Aviv Sourasky Medical Center

Asnat Groutz, MD  
Urogynecology and Pelvic Floor Unit, Lis  
Maternity Hospital  
Tel Aviv Sourasky Medical Center

Drorit Hochner, MD  
Head of Department of Obstetrics and  
Gynecology  
Jerusalem , Israel

Elad Leron MD  
Head of Urogynaecology and Pelvic  
Reconstruction  
Department of Obstetrics &  
Gynaecology  
Soroka, University Medical Center, Beer  
Sheva, Israel

Gil Levy M.D., F.A.C.O.G  
Dir. Urogynecology and Pelvic Surgery  
Department of Obstetrics and  
Gynecology  
Mayanei HaYeshua Medical Center, Bnei

Brak, Israel

Lior Lowenstein MD, MS  
Department of Obstetrics and  
Gynecology  
Rambam Health Care Campus, Haifa,  
Israel

Robert Molnar, MD  
Head of pelvic floor unit  
Department of Ob/Gyn, Haemek  
Medical Center, Afula, Israel

Menachem Neuman, MD  
Urogynecology, Ob-Gyn, Western  
Galilee MC, Nahariya  
In charge of R&D in Urogynecology,  
CEO's office, Shaare-Zedek MC,  
Jerusalem

Raul Raz, MD  
Head of Infectious Diseases Unit  
Ha'Emek Medical Center  
Afula, Israel

Talli Rosenbaum, BS , MSc  
Physiotherapist and AASECT certified  
Sexual Counselor  
Private Practice

Inner Stability, Ltd.

Shlomo Shimonovitz, MD  
Women Health Center – Ramat Eshkol,  
Jerusalem

Yehiel Ziv, MD  
President, (Ex, 2003-9) Israel Society of  
Colon & Rectal Surgeons (ISCRS)  
Association, (ECTA)  
Member of the International Council of  
Colo-Proctology (ICCP)

#### **Local Hosts**

Yuval Lavy, MD  
Head of the Urogynecology  
Service  
Department of Obstetrics & Gynecology  
Mt. Scopus, Jerusalem , Israel  
Chairman of the Israeli Society of  
Urogynecology and Pelvic floor

Anna Padoa, MD  
Head of the Urogynecology Service  
Department of Obstetrics & Gynecology  
Assaf Harofe Medical Center, Zerifin,  
Israel

## Program

Sunday, October 3: Urogynecology in the Delivery Room

Time	Topic	Lecturer
08:00 – 08:10	Welcome and opening remarks	Anna Padoa Peter Sand
	<b>Session 1 - Session Chair: Yuval Lavy</b>	
08:10 – 08:40	Pelvic floor anatomy: Overview, surgical landmarks, what structures to avoid?	Video by Vincent Delmas
08:40 – 09:15	The Pelvic floor during pregnancy	Peter Sand
09:15 – 10:00	Perineal injury during delivery, risk factors and preventative methods	Drorit Hochner
10:00 – 10:30	<b>Coffee break</b>	
	<b>Session 2 -Session Chair: Yehiel Ziv</b>	
10:30 – 11:00	Episiotomy and Second degree perineal tears	Ranee Thakar
11:00 – 11:30	Third and Forth degree perineal tears	Abdul Sultan
11:30 – 12:00	Obstetric trauma in the developing world	Gil Levy
12:00 – 12:30	Q&A discussion: Can we prevent obstetric trauma?	Hochner, Sand, Sultan, Thakar
12:30 – 14:00	<b>Lunch</b>	
	<b>Session 3 - Session Chair: Revital Arbel</b>	
14:00 – 14:30	Anal Imaging and incontinence	Abdul Sultan
14:30 – 15:00	Urinary dysfunction pre and post partum	Asnat Groutz
15:00 – 15:30	Impact of obstetric trauma on sexual function	Ranee Thakar
15:30 – 16:00	<b>Coffee break</b>	
	<b>Session 4 - Session Chair: Vered Eisenberg</b>	
16:00 – 16:30	Perineal imaging in obstetrics	Peter Dietz
16:30 – 17:00	Panel Discussion: the clinical implications of post partum pelvic imaging	Mark Beer-Gabel, Vered Eisenberg, A. Sultan, P.Dietz

Monday, October 4: Basic & Advanced Urogynecology

Time	Topic	Lecturer
	<b>Session 1 – The basics-</b> Session Chair: Shlomo Shimonovitz	
08:30 – 09:00	Standardization of terminology of LUT	Peter Sand
09:00 – 09:20	Obstetric injuries and Pelvic organ prolapse	Lior Lowenstein
09:20 – 09:40	Basic clinical evaluation in Urogynecology	David Gordon
09:40 – 10:00	Debate: 2D/3D perineal ultrasound – should it become part of our routine PF assessment?	Yes – Peter Dietz No – Menachem Alcalay
10:00 – 10:30	<b>Coffee break</b>	
	<b>Session 2 – Bladder dysfunction-</b> Session Chair: Gabriel Gillon	
10:30 – 11:00	Recurrent UTI – evaluation and management	Raul Raz
11:00 – 11:20	OAB treatment – What's new?	Yoram Abramov
11:20 – 11:50	Chronic pelvic pain / painful bladder syndrome: What should we think of and how to investigate?	Mauro Cervigni
11:50 – 12:10	Pelvic Floor rehabilitation: Indications and methods	Talli Rosenbaum
12:10 – 13:10	<b>Lunch</b>	
	<b>Session 3 – Surgery-</b> Session Chair: Michael Friedman	
13:10 – 13:40	POP Surgery – What's the evidence?	Alex Condrea
13:40 – 14:00	SUI Surgery – Does the size matter?	Menachem Neuman
14:00 – 14:20	Laparoscopy and robotics	Benny Feiner
14:20 – 14:50	<b>Coffee break</b>	
	<b>Session 4 – Sex, Lies and Videotape-</b> Session Chair: Robert Molnar	
14:50 – 15:20	Sexual function after PF surgeries	Ranee Thakar
15:20 – 15:40	Shattering myths in Urogynecology	Peter Sand
15:40 – 16:50	Video Session	Cervigni, Alcalay, Ginath
16:50 – 17:00	Close	Yuval Lavy



## Participants' Evaluation

IUGA Regional Symposium Tel Aviv, Israel October 3-5, 2010

EVALUATION [78 questionnaires]

### How did you hear about this conference?

IUGA website	12	
Brochure	4	
IUJ ad	5	
Email	29	
	4	Friend/colleague
	4	Gil Levy
	2	Department
	1	B. Feiner
	1	Pelvic Floor Group Israel
	1	Anna Padoa
	1	Elektra
	1	Staff member
	1	Hospital

### What is your specialty/level of training?

Gynecology	8	
OB/Gyn	32	
Urology	0	
Staff Doctor	3	
Trainee	4	
Nurse	1	
Physiotherapist	18	
UroGyn	18	
	1	Gastro
	1	Colonrectal
	2	Resident

### Overall Program and Speakers

	1=poor	2=fair	3=good	4=excellent
Program Overall		1	29	45
Level of program content			28	47
Speakers overall: length and content		1	22	52
Appropriate time for Q&A		5	18	52
Overall length of conference		1	20	53
Syllabus material	1	4	18	47
%	0.1	2	22.5	49.3
Range	0-1	0-5	18-29	45-53

### Administration and Organization

	1=poor	2=fair	3=good	4=excellent
Facility conducive to learning			28	41
Quality of audiovisual		6	32	37
Ease of registration process	2	9	19	44
Services provided during conference		2	22	50
Conference website	2	4	25	31

Reported drafted by Anna Padoa  
Date: 3/4/2015

Overall organization			25	46
%	0.6	3.5	25.1	41.5
Range	0-2	0-9	19-32	31-50

If you detected any commercial bias in any presentations, please describe:

None

Would you recommend this type of conference to a colleague?

61	YES	0	NO
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TOPIC	SPEAKER	SCORE			
		1=poor	2=fair	3=good	4=excellent
Day 1, Session I:					
Pelvic floor anatomy, surgical ...	M. Cervigni	18	12	7	9
The pelvic floor during pregnancy	P. Sand	1	12	25	23
Perineal injury during delivery...	D. Hochner	2	2	11	49
Day 1, Session II:					
Episiotomy...	R. Thakar		1	11	55
3rd and 4th degree perineal tears	A. Sultan		1	7	59
Obstetric trauma in the developing...	G. Levy		6	16	43
Day 1, Session III:					
Anal imaging and continence	A. Sultan		1	16	45
Urinary dysfunction...	A. Groutz	3	14	23	22
Impact of obstetric trauma...	R. Thakar		5	12	43
Day 1, Session IV:					
Pelvic floor trauma	H.P. Dietz			13	37
Day 2, Session I:					
Standardization of terminology...	P. Sand		1	17	18
Obstetric injuries and POP	L. Lowenstein		4	19	16
Basic clinical evaluation...	D. Gordon		9	19	12
Urodynamics...	S. Stantonb		1	9	9
Day 2, Session II:					
Recurrent UTI...	R. Raz		9	16	15
OAB treatment...	Y. Abramov		2	8	31
Chronic pelvic pain...	M. Cervigni		1	10	31
Pelvic floor rehabilitation...	T. Rosenbaum		2	9	29
Day 2, Session III:					
POP surgery...	A. Condrea	1	1	8	8

SUI surgery...	M. Neuman	1	1	5	10
Laparoscopy and robotics	B. Feiner	1	4	2	12
<b>Day 2, Session IV:</b>					
Sexual function after...	R. Thakar		2	4	13
Shattering myths...	P. Sand			5	13
		%	1%	4%	12%
		Range	0-18	0-12	2-25
					26%
					8-59

**What did you learn from this activity that you plan to implement in your practice:**

7	3Rd And 4Th Degree Perineal Tears
1	Better Suturing Of Episiotomy, How To Suture 4Th Degree
1	The Surgery Of Urogynecology
1	How To Organize Courses
1	Evidence Based Practice, Do The Protect Initiative
1	News In Urogynecology
1	Posterior Compartment
1	Functional Anatomy Use Of Us
1	Pelvic Floor Defect Assessment By Uss
1	Applied Anatomy - Surgical Dilemmas
1	Try and find out what is the exact damage after labour that this woman suffers from

**In terms of content or speakers, what do you feel was the best part of the conference?:**

8	3rd and 4th degree perineal tears WS
7	Sultan
5	Hochner
4	Dietz
3	Thakar
2	Workshops
2	OASIS workshop
1	The combination of obstetricians and urogynecologists
1	Debates according to Q & A
1	Pelvic Floor Trauma
1	Hands on
1	Session II
1	To decide exactly who is the audience, there were very basic lectures, which doesn't suggest any news, at least not for those who work in this area.

**In terms of content or speakers, what do you think could have improved the conference?:**

2	More Interaction
1	More Workshops
1	Anatomy
1	Anatomy Workshop Was A Disaster
1	Poor Audio
1	Taking A Different Speaker For The First Lecture (Live Not Video)
1	Urinary Dysfunction In Pre- And Post Partum

**General comments:**

5	Excellent Conference
1	It Was A Great Meeting To Speak With People That Work In The Same Area
1	Thanks
1	Most Beneficial, Interesting, And Enjoyable
1	It was a mistake to open the Symposium with a lecture on video. A different speaker should have been chosen. The last session on day 1 was too long and repeated itself.
1	As a PT I hope for better cooperation, we should hear about these conferences and be part of it.

## BUDGET

# PHOTOGALLERY



