

IUGA REGIONAL SYMPOSIUM
SANTIAGO, CHILE
November 20 - 21, 2009
Pontificia Universidad Catolica de Chile

FINAL REPORT

Background

Regional meetings are currently being developed to advance urogynecological knowledge in various regions around the World. The IUGA Regional Symposia is to provide educational opportunities to clinicians regarding both basic and advanced urogynaecology, encourage exchange of knowledge and experiences regarding urogynaecology and identify specific areas of urogynaecologic educational needs specific to each region. The 2-day symposium reflects the educational needs of the local health care providers, related to gynaecology & obstetrics, urogynaecology and urology. Experts in these areas have been selected to be the international and local faculties for this educational event.

Location/Date/Local Host

Santiago of Chile was appointed as the location for the third Regional Symposium, representing the South American region. This 2-day symposium was held on Friday November 20 and Saturday November 21, 2009. The local host was Dr. Cesar Descouvieres from the Chilean Urogynaecology Association, and Dr. Rodrigo Castro from Brazil (IUGA International Board Member).

Venue

The 2-day symposium was held in the Aula Magna "Eleodoro Matte" of Centro de Extensión, Pontificia Universidad Catolica de Chile. Audiovisual was provided by the facility.

Language

The official language of the program was Spanish. Translation was provided by host and IUGA.

Registration

There were a total of 118 registrants. Most of the registrations were done through the IUGA office via the online registration system or by faxed registrations. A few registrants had on-site registration. Registrants were 54 IUGA members, 46 non IUGA members and 18 residents/trainees/nurses. No charge registrants included 15 speakers, 2 moderators, 1 administrative person, 1 LOC member and 15 guests of Chilean Society. Overall, 86 of the participants were from Chile, 15 were from Argentina, 7 from Brazil, 2 from Mexico, 2 from Venezuela, 2 from Canada, 2 from USA, 1 from Guatemala and 1 person from Peru. Registration fees were 75 USD for

residents/trainees/nurses, 150 USD for IUGA members and for attendees of National G-O meeting, and 250 USD for IUGA non-members. A Registration Desk was set up in the foyer at the venue where all registrants checked in to collect the symposium material, which includes folders, symposium syllabus, name badges and evaluation forms. The Registration Desk was manned by 1 IUGA administrator, 1 english interpreter and 2 local secretarial assistants for the duration of the symposium.

Program and Lectures

The 2-day program commenced on Friday, november 20 at 08:30 with opening remarks by the local host, followed by a full day of lectures and Wellcome Reception at 17:00; Saturday, november 21, lectures started at 09:00 with concluding remarks at 16:15 ending the simposium. Lunch and coffee breaks were provided on both days of the program.

The 30-mintue lectures were presented by internationally renowned urogynaecologists and included Willy Davila (USA), Harold Drutz (Canada), Rodrigo Castro (Brazil), Aparecida Pacetta (Brazil), Enrique Ubertzzi (Argentina) and Carlos Sarsotti (Argentina). Local Chilean speakers included Erasmo Gonzalez, Jorge Lecannelier, Humberto Chiang, Humberto Hott, Arturo Dell'Oro, Raul Valdevenito, and Hernan Braun.

Certificate

At the conclusion of the 2nd day, each participant received a certificate of attendance in exchange for their completed evaluation forms.

Educational Credits

There were no CME credits allotted to this course.

Syllabus

A compact disk (CDs syllabus) of proceedings was professionally recorded and provided to all attendees and speakers.

Course Evaluations

The evaluation forms were completed by 75% of participants (89/118). The majority of attendees were OB/GYN (45%) and Urogynecologist (35%). Overall, 55% rated the program as excellent, 50% of participant rated the level of content as excellent and over 43% rated the speakers excellent. The syllabus material, facility with respect to learning and quality of the AV were rated as excellent in 44%, 53%, and 47%, respectively. Overall organization was rated as excellent in 54%.

Opening Reception

All of the symposium participants as well as the lecturers and organizers were invited to the opening ceremony, held on Friday evening at the Foyer of Centro de Extensión of Pontificia Universidad Católica de Chile. Welcome addresses were given by both Dr. Cesar Descouvieres (local host) and Dr. Rodrigo Castro (IUGA International Board Member).

Faculty Dinner

All speakers and administrative support were invited to the Faculty Dinner which was held on Friday in the evening. The dinner was held at Concha y Toro Restaurant which served fine local cuisine. The Faculty Dinner was sponsored by educational grant.

Industry Support

Industry support included unrestricted educational grants by Women'health, Johnson & Johnson and Promedon Chile, each providing 1200 USD. Industry support was paid directly to the local organizer and was used to fund the faculty dinners (friday and saturday). All industry support was acknowledged in the final printing of folder information sheets.

Future

The next Regional Symposium will be held in Tel Aviv, Israel, October 3-5, 2010.

ORGANIZING COMMITTEE**Cesar Descouvieres, MD (Local Host)**

Head, Department of Obstetrics and Gynecology, Hospital FACH
Head, Urogynecology Unit, Clinica Alemana de Santiago
Santiago, Chile

Arturo Dell'Oro, MD

Assistant Professor, Department of Urology
Pontificia Universidad Católica de Chile
Santiago, Chile

Raul Valdevenito, MD

Professor and Head, Department of Urology
Hospital Clinico, Universidad de Chile
Urology Unit, Clinica Las Condes
Santiago, Chile

Andres Larach, MD

Coloproctology Unit, Hospital Militar de Santiago
Coloproctology Unit, Clinica Las Condes
Santiago, Chile

David Cohen, MD

Urogynecology Unit, Hospital FACH
Urogynecology Unit, Clinica Las Condes
Santiago, Chile

Carlos Wenzel, MD

Urogynecology Unit, Hospital Militar de Santiago
Urogynecology Unit, Clinica Alemana de Santiago
Santiago, Chile

Rodrigo Castro, MD (IUGA International Board Member & Host)

Professor of Gynecology Department
Head, Urogynecology Unit
Federal University of Sao Paolo
Sao Paolo, Brazil

LOCAL FACULTY**Erasmus Gonzalez, MD**

Head, Gynecology Department and Urogynecology Unit
Hospital Santiago Oriente, Universidad de Chile
Santiago, Chile

Jorge Lecannelier, MD

Urogynecology Unit, Hospital Clinico Universidad de Chile
Urogynecology Unit, Clinica Alemana de Santiago
Santiago, Chile

Humberto Chiang, MD

Urology Department
Clinica Las Condes
Santiago, Chile

Humberto Hott, MD

Professor of Gynecology Department
Universidad Austral de Chile
Valdivia, Chile

Arturo Dell'Oro, MD

Assistant Professor, Urology Department
Pontificia Universidad Católica de Chile
Santiago, Chile

Raul Valdevenito, MD

Professor and Head, Department of Urology
Hospital Clinico, Universidad de Chile
Urology Unit, Clinica Las Condes
Santiago, Chile

Hernan Braun, MD

Urogynecology Unit, Hospital Padre Hurtado
Urogynecology Unit, Clinica Santa Maria
Santiago, Chile

INTERNATIONAL FACULTY**Rodrigo Castro, MD (IUGA International Board Member and Host)**

Professor of Gynecology Department
Head, Urogynecology Unit
Federal University of Sao Paolo
Sao Paolo, Brazil

G. Willy Davila, MD

Chair, Department of Gynecology
Head, Section of Urogynecology and Reconstructive Pelvic Surgery
Cleveland Clinic Florida
Weston, Florida, USA

Professor Harold Drutz, MD

Professor and Head, Division of Urogynecology
Department of Obstetrics and Gynecology
University of Toronto
Mount Sinai Hospital
Toronto, Ontario, Canada

Aparecida Pacetta, M.D.

Co-Chair Urogynecology/Reconstructive Pelvic Surgery
Department of OB/GYN
Hospital Das Clinicas
Sao Paulo University
Sao Paolo, Brazil

Carlos Sarsotti, M.D.

Medical Director
GEDRED
Buenos Aires, Argentina

Enrique Ubertazzi, MD

Chief of Urogynecology Section
Hospital Italiano de Buenos Aires
Buenos Aires, Argentina

ACKNOWLEDGEMENTS**Mr. Pablo Eyzaguirre Chadwick**

Direccion de Extension y Relaciones Publicas
Facultad de Medicina
Pontificia Univeridad Catolica de Chile

Promedon Chile

Educational Grant

Women's Health, Johnson & Johnson

Educational Grant

PROGRAM

Friday, November 20

08:00 – 08:30 Registration

08:30 – 08:45 Welcome and opening remarks **Host**

Session I: POP Pathophysiology

08:45 – 09:15 Functional anatomy of the pelvic floor **Enrique Ubertazzi**

09:15 – 09:45 POP Pathophysiology **Erasmus Gonzalez**

09:45 – 10:15 Pregnancy and the pelvic floor **Jorge Lecannelier**

10:15 – 10:30 Q&A

10:30 – 11:00 Coffee break

Session II: Evaluation

11:00 – 11:30 QOL measurements in Urogynecology **Willy Davila**

11:30 – 12:00 Urodynamic: It's role in mid urethral slings era **Humberto Chiang**

12:00 – 12:30 Imagenology and POP **Carlos Sarsotti**

12:30 – 12:45 Q&A

12:45 – 14:30 Lunch

Session III: Stress Urinary Incontinence

14:30 – 15:00 TVT v/s TOT **Enrique Ubertazzi**

15:00 – 15:30 Recurrence management **Humberto Hott**

15:30 – 16:00 Complication **Arturo Dell'Oro**

16:00 – 16:30 Mini-Slings: Can we make things better? **Aparecida Pacceta**

16:30 – 17:00 Q&A

17:00 – 18:30 Welcome Reception

Saturday, November 21

Session IV: Overactive Bladder

09:00 – 09:30 OAB Pathophysiology **Aparecida Pacceta**

09:30 – 10:00 Farmacological treatment of OAB **Harold Drutz**

10:00 – 10:30 Intravesical management: Options **Raul Valdevenito**

10:30 – 10:45 Q&A

10:45 – 11:15 Coffee break

Session V: Surgical Management of POP

11:15 – 11:45 Apical Prolapse: Vaginal vs. Abdominal approach **Harold Drutz**

11:45 – 12:15 Frontlines in Cystocele management **Rodrigo Castro**

12:15 – 12:45 Rectocele: Just a Bulge? **Carlos Sarsotti**

12:45 – 13:00 Q&A

13:00 – 14:30 Lunch

Session VI: Meshes in POP

14:30 – 15:00 Rationale for mesh use **Willy Davila**

15:00 – 15:30 Mesh kits: Critical evidence appraisal **Hernan Braun**

15:30 – 16:00 Mesh complications **Rodrigo Castro**

16:00 – 16:15 Q&A

16:15 – 16:30 Closing remarks

PARTICIPANT'S EVALUATION

	Hear about conference	N (%)	Specialty	N (%)	Commercial bias	N (%)	Recommend this conference	N (%)
NUMBER OF PARTICIPANTS 118 EVALUATIONS RETURNED 89 (75%)	Brochure	10 (11)	Gynecology	17 (19)	No	73 (82)	No	0
	Local contact	9 (10)	OB/GYN	23 (26)	Yes	14 (15)	Yes	80 (89)
	Email	25 (28)	Urogynecology	31 (35)	No reply	2 (2.2)	No Reply	9 (10)
	Hospital	0	Urology	8 (9)				
	Journal	0	Nurse	4 (4.5)				
	SODUP	2 (2.2)	Physiotherapist	5 (5.6)				
	Website	33 (37)	No reply	1 (1.1)				
	No reply	7 (7.9)						
1=POOR, 4=EXCELLENT	Overall Program (%)	Level of Content (%)	Overall Speakers (%)	Time Q&A (%)	Length of Conference (%)	Syllabus (%)	Facility conducive to learning (%)	Quality of AV (%)
1	0	0	0	0	0	1	0	0
2	0	2 (2.2)	3 (3.4)	4 (4.5)	5 (5.6)	3 (3.4)	2 (2.2)	3 (3.4)
3	38 (43)	42 (47)	47 (53)	33 (37)	36 (40)	36 (40)	34 (38)	43 (48)
4	49 (55)	45 (50)	38 (43)	51 (57)	46 (52)	39 (44)	47 (53)	42 (47)
No reply	2 (2.2)	0	1 (1.1)	1 (1.1)	2 (2.2)	10 (11)	6 (6.7)	1 (1.1)
1=POOR, 4=EXCELLENT	Ease of Registration (%)	Services provided on site (%)	Conference Website (%)	Overall Organization (%)				
1	2 (2.2)	2 (2.2)	3 (3.4)	0				
2	8 (9)	5 (5.6)	10 (11)	1 (1.1)				
3	23 (26)	37 (41)	27 (30)	38 (43)				
4	54 (61)	42 (47)	37 (41)	48 (54)				
No reply	2 (2.2)	3 (3.4)	12 (13)	2 (2.2)				

SPEAKERS/ PRESENTATIONS	Enrique Ubertazzi	Erasmus Gonzalez	Jorge Lecannelier	Willy Davila	Humberto Chang	Carlos Sarsotti	Enrique Ubertazzi	Humberto Hott	Arturo Dell'Oro	
	Functional anatomy of the pelvic floor	POP Patho- physiology	Pregnancy and the pelvic floor	QOL measure in urogyne	Urodynamic role in mid urethral sling era	Imaging and POP	TVT vs TOT	Recurrence manage- ment	Compli- cations	
1=POOR, 4=EXCELLENT										
1	0	2 (2.2)	0	0	0	0	0	4 (4.5)	1 (1.1)	
2	3 (3.4)	25 (28)	1 (1.1)	2 (2.2)	3 (3.4)	6 (7)	4 (4.5)	30 (34)	2 (2.2)	
3	35 (39)	42 (47)	33 (37)	26 (29)	24 (27)	22 (25)	35 (39)	26 (29)	29 (32)	
4	46 (52)	15 (17)	51 (57)	57 (64)	57 (64)	57 (64)	39 (44)	21 (23)	48 (54)	
No reply	5 (5.6)	5 (5.6)	4 (4.5)	4 (4.5)	5 (5.6)	4 (4.5)	11 (12)	8 (9)	9 (10)	
SPEAKERS/ PRESENTATIONS	Aparecida Pacetta	Aparecida Pacetta	Harold Drutz	Raul Valdevenito	Harold Drutz	Rodrigo Castro	Carlos Sarsotti	Willy Davila	Hernan Braun	Rodrigo Castro
	Mini-slings	OAB Patho- physiology	Pharmaco- logical treatment of OAB	Intravesical management: options	Apical prolapse: vaginal vs abdominal approach	Frontline in cystocele manage- ment	Rectocelesjust a bulge	Rationale for mesh use	Mesh kits: critical evaluation appraisal	Mesh compl- ications
1=POOR, 4=EXCELLENT										
1	5 (5.6)	1 (1.1)	0	0	1 (1.1)	0	0	0	0	0
2	21 (23)	13 (15)	0	0	2 (2.2)	5 (5.6)	3 (3.4)	0	1 (1.1)	5 (5.6)
3	35 (39)	42 (47)	24 (27)	10 (11)	24 (27)	35 (39)	13 (15)	6 (6.7)	16 (18)	24 (27)
4	19 (21)	25 (28)	58 (65)	72 (81)	54 (61)	39 (44)	59 (66)	59 (66)	48 (54)	32 (36)
No reply	9 (10)	8 (9)	7 (7.9)	7 (7.9)	8 (9)	10 (11)	14 (16)	24 (27)	24 (27)	28 (31)

What did you learn that you plan to implement in practice	Best part of conference in terms of content or speakers	Improvement in terms of content or speakers	Comments
Importance of honest discussion	Sarsotti, Drutz	Don't repeat information between talks	Excellent opportunity to discuss controversial points
Rationale of mesh use; patient needs information	Davila	Don't overlap information among talks	Good conference; recommend practical course
Evidence based medicine	Discussion	More time for discussion	Good quality of contents
Management of mesh	Information was accurate	More videos and technical presentations	100% satisfied
Doubt still exists related to vaginal mesh use	Davila	Improve A/V material	Very good symposium for developing countries
Urodynamics; defecography	Drutz	QOL measurements in urogynecology	Improve venue and where lunch/breaks served; congratulations to exhibitors and organizing committee
Improve my clinical diagnostics	Analysis of RTC; personal experience	POP pathophysiology	Excellent conference
Management of mesh complications; use of vaginal mesh; use of botulinum toxin for urogynecology	A/V material and discussion	POP pathophysiology	It was a good meeting
Mini sling	Davila; presentations were separated from the pharmaceutical industry	Recurrence management	Good symposium
Rectocele	Very good MRI dynamics	Each speaker should speak in his own language and spanish speakers should speak slower	Increased my knowledge of the use of the best techniques to prevent complications
Take a history	Interaction between speakers and attendees	Better is there were more interactive activities with discussion of the answers by the experts	Very complete symposium
Implement use of functional tests in posterior compartment disorders	Complications; intersesical management options; frontlines in cystocele	Participation of other specialties such as urology and coloproctology together with urogynecologists	Very good conference and organization
Improve 3D US technique	Complications	All contents and exhibitors were useful	Use an auditorium with be visualization of the presentations
Use of MRI for evaluation of posterior compartment	Imaging in POP (Sarsotti); Rationale for mesh use (Davila)	Anatomy (Ubertazi) and mini-sling (Pacetta) talks could be better	More topics related to infant and adolescents
Use caution with antimuscarinics in patients with cardiac disease	Imaging pelvic floor/mesh use	Mini slings	None of the speakers declared their conflict of interest in their presentations
A lot of what I learned will be implemented into my practice	Sarsotti	A/V and syllabus material; more surgical videos	No discussion of rehabilitation of the pelvic floor
Importance of defecatory/posterior compartment evaluation; how to manage patients with prolapse and occult incontinence	Davila	Improve the synthesis of the presentations	Good meeting

Intravesical injection of botulinum toxin	Meshes in POP	Not to have commitment with companies	Good conference overall but with lack of consideration for the conference services Very interesting
Intravesical botulinum toxin therapy	Role of urodynamics; Intravesical management of OAB; Apical prolapse; Rationale for mesh use	Live surgery	
Reinforce my experience	OAB	More specific content, sometimes too general	Well chosen topics. Updated development of conferences in general
Update my knowledge	Saturday sessions	Some speakers repeated some contents	Lack of contents regarding rehabilitation of the pelvic floor Include neuromodulation
Better treatment of my patients	Endorsed the common urogynecology treatments	Less repetition of pelvic floor anatomy	
Contributes to my knowledge	Rectocele (Sarsotti); Mesh evaluation (Braun)	Improve and homogenize the A/V presentations	
Sarsotti; Braun; Davila; Dell'Oro	Davila; Sarsotti	More A/V slides for some of the talks	
POP and imaging	Discussion after the 2nd session	Pathophysiology of POP; Management of recurrence	
Diagnosis for imaging	Sarsotti; Valdevenito		
Investigation with ultrasound	Davila		
A different way of understanding pathology	Novel treatments		
Management of complications	Basic science		
US for urinary incontinence	OAB		
Q and A	Discussion		
Medical & surgical treatments of pelvic problems	Management of POP and meshes in POP		
QOL questionnaires; botox injection	Mesh		
QOL questionnaires	Urodynamics		
Discuss each case in particular for the best solution of f/u of pelvic floor problems	Davila		
QOL questionnaires	TVT vs TOT (Ubertazzi)		
Better form to work with my patients	Apical prolapse; vaginal US		
Prolift - M	Discussion about mesh		
Actual use of QOL questionnaires; reconsider some evaluations on postop results	Session on SUI; good speakers and it allowed a good discussion		
Mesh	SUI		
Application of functional anorectal testing in posterior prolapse	Sessions II (Evaluation) and III (SUI)		
US	Pregnancy and the pelvic floor		
	Lecannelier		
	Surgical management of POP		
	Pregnancy and the pelvic floor		
	Sessions I (POP pathophysiology), II (Evaluation), and IV (OAB)		
	Section II (Evaluation) and IV (OAB)		