

IUGA REGIONAL SYMPOSIUM – HONG KONG

20-21 March 2009

Prince of Wales Hospital

FINAL REPORT

Background

The IUGA Regional Symposia is to provide educational opportunities to clinicians in various worldwide geographic locations regarding both basic and advanced urogynaecology, encourage exchange of knowledge and experiences regarding urogynaecology and identify specific areas of urogynaecologic educational needs specific to each region. The 2-day symposium reflects the educational needs of the local health care providers, related to gynaecology & obstetrics, and urogynaecology and urology. Experts in these areas have been selected to be the international and local faculties for this educational event.

Location/Date/Local Host

Hong Kong was appointed as the location for the second Regional Symposium, representing the South-East Asian region. This 2-day symposium was held on Friday March 20 and Saturday March 21, 2009. The local host was Dr. Cecilia Willy Cheon from the Hong Kong Urogynaecology Association, and Dr. Symphorosa Shing Chee Chan from Department of Obstetrics & Gynaecology, Prince of Wales Hospital, The Chinese University of Hong Kong.

Venue

The 2-day symposium was held in the Kai Chong Tong Lecture Hall, Postgraduate Education Centre of Prince of Wales Hospital, Shatin, N.T., Hong Kong. Audiovisual was provided by the facility.

Language

The official language of the program was English. Translation was not provided.

Registration

There were a total of 125 registrants. Most of the registrations were done through the IUGA office via the online registration system or by faxed registrations. A few registrants had on-site registration. Registrants included 18 speakers (no charge), 2 moderators (no charge), 1 administrative person (no charge), 55 residents/trainees/nurses (50% of registrants), 24 IUGA members, and 25 non-members. Overall, 70% of the participants were from Hong Kong, while 30% were from Thailand (n=8), Korea (n=2), Philippines (n=6), Indonesia (n=1), UK (n=1), New Zealand (n=1), Australia (n=4), Mainland China (n=5), and Japan (n=4).

Reported drafted by Albe Pang

Date: 9/16/2009

Registration fees were 75USD for Residents/Trainees/Nurses, 150USD for IUGA members and 250USD for non-members. A Registration Desk was set up in the Foyer at the venue where all registrants checked in to collect the symposium material, which includes symposium syllabus, name badge and evaluation form. The Registration Desk was manned by one IUGA administrator and 3 local secretarial assistants for the duration of the symposium.

Program and Lectures

The 2-day program commenced on Friday, March 20, 2009 at 08:50 with opening remarks by the local host, followed by a full day of lectures and Opening Reception at 18:30; Saturday, March 21, 2009, lectures started at 09:00 with concluding remarks at 17:30 ending the symposium; lunch and coffee breaks were provided on both days of the program.

The 30-minute lectures were presented by internationally renowned urogynaecologists and included Judith Goh (Australia), Hannah Krause (Australia), Anna Rosamilia (Australia), Clara Ka Lai Shek (Australia), Xiaowei Zhang (China), Lan Zhu (China), Christopher Chong (Singapore), Alex Wang (Taiwan), Suvit Bunyavejchevin (Thailand), Pattaya Hengrasmee (Thailand) and Peter Sand (U.S.A.). Local Hong Kong speakers included Winnie Nga Ting Lau, Kai Wan Lee, Selina Man Wah Pang, Guinevere Chi Yung Tong, Jimmy Chak Man Li, Po Chor Tam, Symphorosa Shing Chee Chan and Cecilia Willy Cheon who also served as the local hosts (see program).

Certificate

At the conclusion of the 2nd day, each participant received a certificate of attendance in exchange for their completed evaluation forms.

Educational Credits

The Hong Kong College of Obstetrics & Gynaecology (O&G) and (Urogynaecology) allotted 11.5 CME credits for the whole symposium to the Hong Kong Obstetricians and Gynaecologists and Urogynaecologists respectively (5.5 CME credits for the symposium on March 20, 2009 & 6 CME credits for the symposium on March 21, 2009).

The College of Surgeons of Hong Kong approved 11 CME points to the whole symposium to local surgeons (5.5 CME credits for the symposium on March 20, 2009 & 5.5 CME credits for the symposium on March 21, 2009).

Hong Kong Academy of Medicine (HKAM) accredited 10 CME points to the whole symposium to local participants for the MCHK CME Programme (5 CME credits for the symposium on March 20, 2009 & 5 CME credits for the symposium on March 21, 2009).

Continuing Nursing Education approved with 12.5 CNE points accreditation for the whole symposium (6 CNE credits for the symposium on March 20, 2009 & 6.5 CNE

credits for the symposium on March 21, 2009).

Syllabus

A thermal bound syllabus book of proceedings was professionally published and provided to all attendees and speakers.

Course Evaluations

The evaluation forms were completed by 80.8% of participants (101/125). The majority of attendees were OB/GYN (47.5%). Overall, 34.7% rated the program was excellent and 61.4% rated good. 90% of participant rated the level of content as good to excellent and over 95% rated the speakers as good or excellent. The syllabus material, facility with respect to learning and quality of the AV were rated as good or excellent in 90.1%, 95.1%, and 99.1%, respectively. Overall organization was rated as excellent in 33.7% and good in 63.4%.

Opening Reception

All of the symposium participants as well as the lecturers and organizers were invited to the opening ceremony, held on Friday evening at the Foyer of Postgraduate Education Centre in Prince of Wales Hospital. Welcome addresses were given by both Professor Tony Kwok Hung Chung, the Chairman of Department of Obstetrics & Gynaecology, Prince of Wales Hospital, The Chinese University of Hong Kong (one of the local host), and the President of the International Urogynecological Association, Professor Peter Sand.

Faculty Dinner

All speakers and administrative support were invited to the Faculty Dinner which was held on Friday March 20 in the evening. The dinner was held at Lei Garden restaurant which served fine local cuisine. The Faculty Dinner was sponsored by IUGA.

Industry Support

There was no industry support to the symposium.

Future

The next Regional Symposium will be held in Santiago, Chile hosted by Cesar Descouviens (local host) and Rodrigo Castro from Brazil (IUGA International Board Member) on November 20-21, 2009.

Program

International Faculty

Suvit Bunyavejchevin
Chulalongkorn University
Bangkok, Thailand

Christopher Chong
Gleneagles Hospital
Urogynecology Center, KK Hospital
Singapore

Judith Goh
Griffith University
Brisbane, Australia

Pattaya Hengrasmee
Siriraj Hospital
Mahidol University
Bangkok, Thailand

Hannah Krause
Queensland, Australia

Peter Sand, M.D.
Northwestern University
Freiberg School of Medicine
Evanston, Illinois USA

Kalai (Clara) Shek
Sydney, Australia

Alex Wang
Chang Gung University
Taoyuan, Taiwan

Xiaowei Zhang
The First Affiliated Hospital of
Guangzhou Medical College
Guangzhou, China

Lan Zhu
Peking Union Medical College Hospital,
People's Republic of China

Local Faculty

Symphorosa Shing Chee Chan
(Local Host)
Prince of Wales Hospital
The Chinese University of Hong Kong
Hong Kong

Cecilia Willy Cheon (Local Host)
Queen Elizabeth Hospital
Hong Kong

Winnie Nga Ting Lau
Pamela Youde Nethersole Eastern
Hospital
Hong Kong

Kai Wan Lee
Princess Margaret Hospital
The Chinese University of Hong Kong
Hong Kong

Selina Man Wah Pang
Specialist (Ob/Gyn)
The Chinese University of Hong Kong

Colorectal Surgery

Jimmy Chak-Man Li
Prince of Wales Hospital
The Chinese University of Hong Kong

Local Host

Symphorosa Shing Chee Chan and Cecilia Willy Cheon

Urology

Po Chor Tam
Queen Mary Hospital
Hong Kong

Continence Advisor

Guinevere Chi Hung Tong
Prince of Wales Hospital
The Chinese University of Hong Kong
Hong Kong

Moderators

Sunny Wong
Specialist (Ob/Gyn, Urogynecology)
Hong Kong

Wing Wa Go
United Christian Hospital
Kowloon, Hong Kong

Program

Friday March 20, 2009

8:00 – 8:50	Registration	
8:50 – 9:00	Opening Remarks	<i>Local Host</i>
	Session I: Fundamentals in Urogynecology	
	Moderators: Cecilia Willy Cheon & Ka Lai Shek	
9:00 – 9:30	Pelvic floor anatomy	Anna Rosamilia + Pattaya Hengrasmee
9:30 – 9:50	Basic evaluation in pelvic floor disorders	Symphorosa Chan
9:50 – 10:15	Basics in urodynamics study	Selina Pang
10:15 - 10:30	Prevalence of female urinary incontinence in Eastern Provinces of China	Xiaowei Zhang
10:30 – 10:45	Q&A	
10:45 – 11:00	Coffee break	
	Session II: Advanced Investigations in Urogynecology	
	Moderators: Anna Rosamilia & Selina Pang	
11:00 – 11:25	Urodynamics in pelvic organ prolapse (POP)	Cecilia Willy Cheon
11:25 – 12:05	Why should obstetricians and gynecologists be interested in the pelvic floor?	Ka Lai Shek
12:05 – 12:20	Q&A	
12:20 – 13:30	Lunch	
	Session III: Management of Pelvic Organ Prolapse I	
	Moderators: Winnie Lau & Alex Wang	
13:30 – 14:00	Non-surgical management of POP (ring pessary)	Suvit Bunyavejchevin
14:00 – 14:30	Surgical treatment of POP: anterior compartment	Christopher Chong
14:30 – 15:00	Surgical treatment of POP: posterior compartment	Judith Goh
15:00 – 15:15	Q&A	
15:15 – 15:30	Coffee break	
	Session IV: Management of Pelvic Organ Prolapse II	
	Moderators: Suvit Bunyavejchevin & Judith Goh	
15:30 – 16:00	Correction of apical prolapse	Peter Sand
16:00 – 16:30	Choosing suitable mesh	Winnie Lau
16:30 – 17:00	Total vaginal mesh surgery for POP	Alex Wang
17:00 – 17:15	Q&A	
17:15 – 18:30	<i>OPENING RECEPTION</i>	

Saturday March 21, 2009

	Session V: Management of Urinary Incontinence I	
	Moderators: Kai Wan Lee & Peter Sand	
9:00 – 9:20	How to maintain continence?	Guinevere Tong
9:20 – 9:50	Surgical management of stress urinary incontinence (SUI)	Christopher Chong
9:50 – 10:20	Controversies in managing SUI	Anna Rosamilia
10:20 – 10:45	The primary result of tension-free vaginal tape (TVT-Secur)	Lan Zhu
10:45 – 11:00	Q&A	
11:00 – 11:15	Coffee break	
	Session VI: Management of Urinary Incontinence II	
	Moderators: Christopher Chong & Anna Rosamilia	
11:15 – 11:45	Management of overactive bladder (OAB)	Hannah Krause
11:45 – 12:15	Management of interstitial cystitis	Kai Wan Lee
12:15 – 12:45	Management of recalcitrant OAB: Botox & beyond	Peter Sand
12:45 – 13:00	Q&A	
13:00 – 14:00	Lunch	
	Session VII: Perspective on Perineal Injury in OB/GYN	
	Moderators: Judith Goh & Sunny Wong	
14:00 – 14:20	Introduction and investigation of fecal incontinence	Jimmy Li
14:20 – 14:50	Perineal injury and repair in obstetrics	Hannah Krause
14:50 – 15:10	Management of fecal incontinence	Jimmy Li
15:10 – 15:40	Effect of pregnancy & delivery on lower urinary tract	Peter Sand
15:40 – 15:55	Q&A	
15:55 – 16:15	Coffee break	
	Session VIII: Perspective on Urinary Tract Injury in Ob/Gyn	
	Moderators: Peter Sand & Wing Wa Go	
16:15 – 16:45	Bladder and urethral injury in OB/GBYN	Judith Goh
16:45 – 17:15	Management of ureteric injury	Po Chor Tam
17:15 – 17:30	Q&A / CLOSING REMARKS	

Photo Gallery

