

Program International Symposium on Pelvic Floor Dysfunction

All presentations will be recorded and available to registrants on-demand for three months following the meeting.
All times indicated below are per UTC.

Saturday, March 13, 2021

SESSION 1

- 08:30 - 08:45 Welcome
Ranee Thakar
- 08:45 - 09:15 Variations in perinatal care and health outcomes and initiatives to reduce these maternal health outcomes: Ensuring equity for all (including an overview of the NHS long term plan)
Jacqueline Dunkley-Bent
- 09:15 - 09:30 Patient experience of UI / POP following childbirth- Life after childbirth: Will it ever be the same?
- 09:30- 09:40 BREAK

SESSION 2

- 09:40 - 10:25 Round table MDT – Managing intrapartum urinary retention
Moderators: Angie Rantell & Dudley Robinson
Presenters: Dalia Saidan, Sacha Newman, Hedwig Neels

10:25 - 10:35 BREAK

SESSION 3

- 10:35- 10:40 Introduction
Moderators: Bob Freeman & Maura Seleme
- 10:40 - 11:00 Antenatal education, health promotion and prevention of pelvic floor dysfunction
Debra Bick
- 11:00 - 11:20 Antenatal counselling and delivery planning for women with PFD (Including OASI and subsequent delivery planning)
Sushma Srikrishna
- 11:20 - 11:40 Intrapartum and postpartum bladder care – An update of the evidence, risk factors and management
Angie Rantell
- 11:40 - 12:00 Changes to and maintenance of good vulval and vaginal health throughout the life course
Ahmed Kamel
- 12:00- 12:20 Extending the MDT – Alternative sources of education and support
Bob Freeman
- 12:20- 12:35 Panel Discussion
Moderators: Bob Freeman & Maura Seleme
- 12:35- 12:50 BREAK

12:45 - 13:35 Industry Sponsored Lunch Session

13:35- 13:45 BREAK

SESSION 4 - WORKSHOPS

13:45 - 14:35 Multidisciplinary management of FGM

Memuna Sowe

Christie Coho

13:45 - 14:35 Pessary competency and training standards

Claire Brown

Ellie Stewart

13:45 - 14:35 What have we learnt from the pandemic? Innovating new ways of working and sharing examples

Maura Seleme

Ranee Thakar

Elizabeth Bailey

13:45 - 14:35 An introduction into clinical research

Katherine Clark

Angie Rantell

Bary Berghmans

14:35 - 14:45 BREAK

SESSION 5 - WORKSHOPS

14:45 - 15:35 Teaching PFME (a guide for HCP's)

Gillian McCabe

14:45 - 15:35 Gadgets and gizmo's in the management of faecal incontinence + anal manometry

Wendy Ness

14:45 - 15:35 An update on catheter care and management

Sacha Newman

Cathy Davis

14:45 - 15:35 Role of biofeedback in PFMT

Maura Seleme

Bary Berghmans

15:35 - 15:45 BREAK

SESSION 6

15:45 - 16:15 Applied anatomy and physiology of the pelvic floor

John DeLancey

16:15 - 17:00 Round table discussion - Who should provide PFMT and how?

Moderators: *Ranee Thakar & Bary Berghmans*

Presenters:

Suzanne Hagen

Chantale Dumoulin

Sacha Newman

Debra Bick

17:00- 17:10 BREAK

17:10 - 17:55 VioMed Sponsored Session

Sunday, March 14, 2021

SESSION 7

- 08:15 - 08:25 Welcome back/ Summary of Day 1
Angie Rantell
- 08:25 - 08:40 Patient experience of OASIS
Anna Clements
- 08:40 - 09:40 Round table MDT – Managing faecal incontinence post childbirth
Moderators: Fred Milani & Debra Bick
Presenters:
Abdul Sultan
Jonathan van Dellen
Wendy Ness
Paula Iguualada-Martinez
Sara Webb

09:40- 09:50 BREAK

SESSION 8

- 09:50- 09:55 Introduction
Moderators: Jilly Bond & Debra Bick
- 09:55-10:25 Perineal wound healing and management of complications
Adelaide Adubofour
Adanna Okeahialam
- 10:25 - 10:40 How to use social media to promote continence care
Hedwig Neels
- 10:40 - 10:55 Panel discussion
Moderators: Jilly Bond & Debra Bick

10:55 - 11:05 BREAK

SESSION 9

- 11:05- 11:10 Introduction
Moderators: Wendy Ness & Abdul Sultan
- 11:10 - 11:25 Psychological impact of birth trauma
Gwyn Eanor
- 11:25 - 11:50 Loading the postnatal pelvic floor
Lori Forner
- 11:50 - 12:10 Postpartum sexual dysfunction
Ranee Thakar
- 12:10 - 12:25 Panel discussion
Moderators: Wendy Ness & Abdul Sultan
- 12:25 - 12:30 Wrap up