

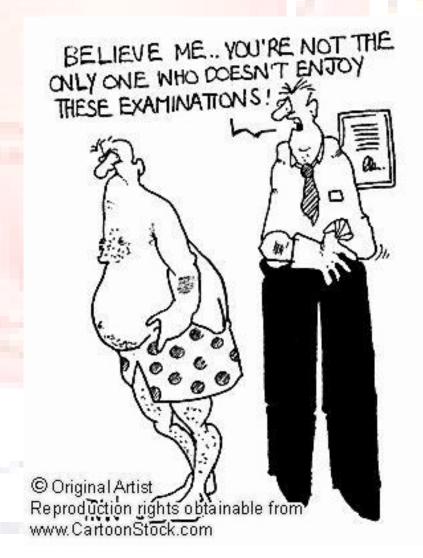
Rect. It's illegal isn't it?

Anal sphincter Wendy Ness Colorectal Nurse Specialist



Why is there so much controversy around doing DRE

- Against the Law
- Assault
- Consent
- Not a nursing role
- Invasive procedure
- Part of a continence assessment
- N.I.C.E
- RCN DRE document
- Must have formal training
- Training issues



Why do we need to carryout this procedure?

- Not just about sticking a finger in someone's rectum!!
- Need to understand A&P
- Associated diseases
- Assessment of bowel function
- Different types of bowel dysfunction
- Rectal medication
- What can go wrong
- Much much more



"Nope...I can't seem to find the obstruction."

So what can a DRE tell us?

- Function of sphincters
- State of the rectum
- Impaction
- Stool type
- Need for manual
- Outcome
- Abnormalities
- Assessment of perianal area, visual
- Foreign bodies, infestation
- Rectal medication
- Digital stimulation



"Please excuse us. We've got worms."

Can anyone carry out a DRE?

- Yes if they are competent to do so
- Competency is the written statement that refers to a combination of knowledge, skills and attitudes of a person who performs at a predefined level and considers the wider implications of their practice and its affect on the patient
- The competence of a person is their ability to perform consistently in different situations using their knowledge, skills and attitudes to achieve optimum outcomes

Four stages of competence in psychology

Unconscious incompetence

 The individual neither understands or knows how to do something, nor recognizes the deficit or has a desire to address it.

Conscious incompetence

Though the individual does not understand or know how to do something, he or she does recognize the deficit, without yet addressing it.

Conscious competence

rtment The individual understands or knows how to do something. However, demonstrating the skill or knowledge requires a great deal of consciousness or concentration.

Unconscious competence

The individual has had so much practice with a skill that it becomes "second nature" and can be performed easily (often without concentrating too deeply). He or she can also teach it to others.

> earh of ecsainaria

Skills for Health Competences

- Skills for Health developed a continence care suite of national occupational standards which describe the skills and knowledge required to carry out a task or function effectively
- 5 relating to bowel function
- CC01 Assess bladder and bowel dysfunction
- CC08 Enable individuals to use containment products
- CC09 Assist individuals to effectively evacuate their bowels
- CC12 Enable individuals to undertake pelvic floor muscle exercises
- CC13 Enable individuals with complex pelvic floor dysfunction to undertake pelvic floor muscle rehabilitation

So what happens when it goes wrong?

Patient consent.

- During a manual evacuation inserted a soiled gloved finger into the patient's vagina
- Carrying out manual evacuations on patients without seeking their consent to the procedure.
- Administering manual evacuations when patients were standing
- Causing severe distress to patients by not adequately informing and preparing them for manual evacuations



" It says here that you'd prefer someone with regular bowel movements..Does it matter if they're involuntary?"

Any questions