

An update on the current treatment  
controversies for stress urinary incontinence  
and pelvic organ prolapse

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Native tissue or  
mesh

Hysterectomy or  
uterine  
preservation

Minimal access or  
open

# MESH

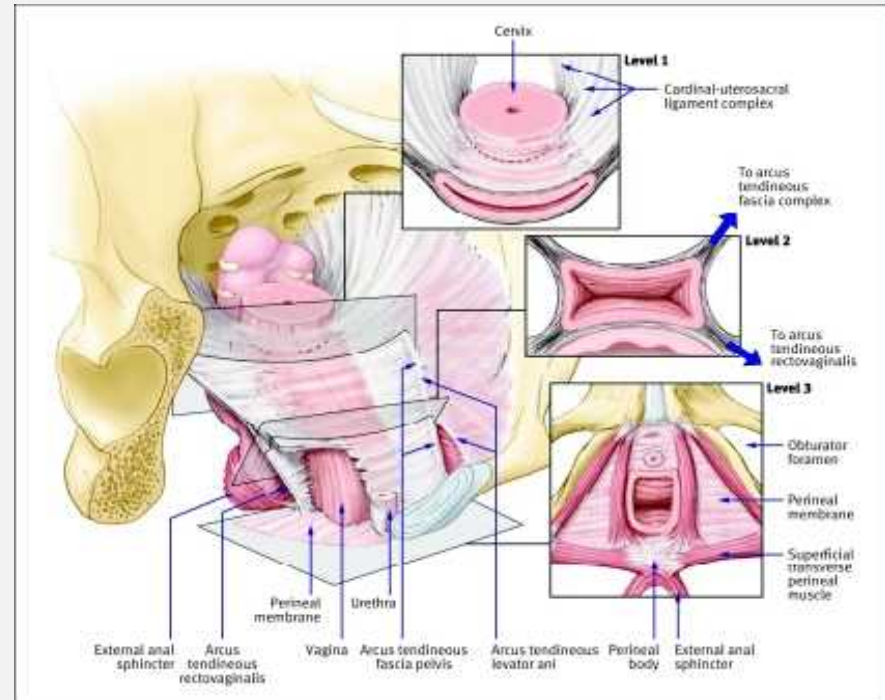
## How it became a four letter word

Concomitant  
surgery?

Recurrences??

Mesh removal  
surgery??

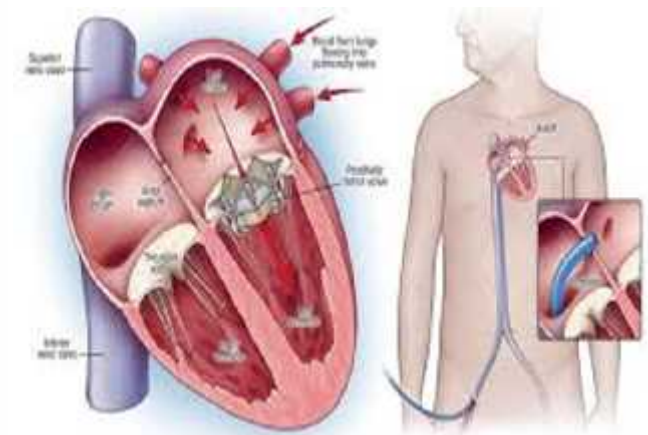
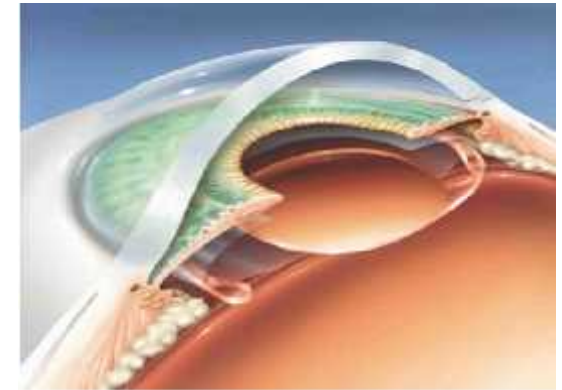
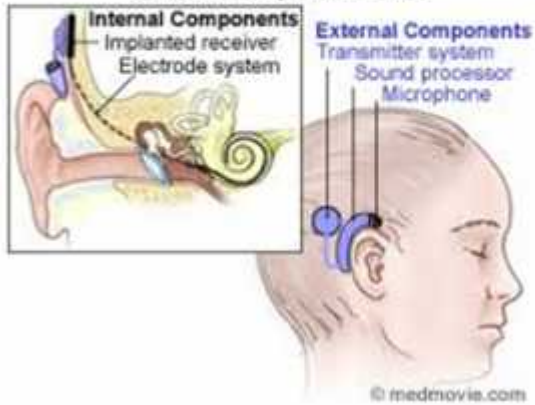
- Natural history progression of prolapse and incontinence
- 20% Lifetime risk of surgery
- High re-operation rates (up to 30%)



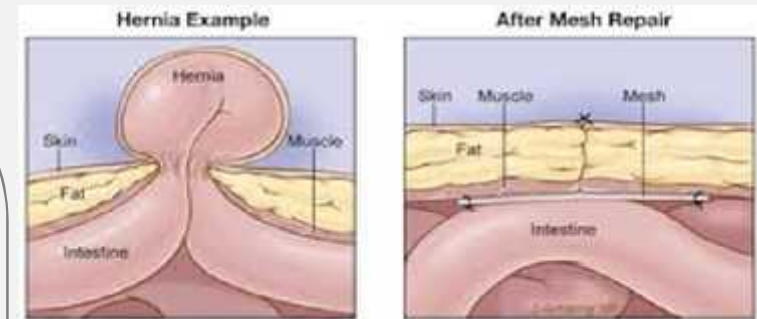
- ❖ Olsen AL et al. . *Epidemiology of surgically managed pelvic organ prolapse and urinary incontinence. Obstet Gynecol. 1997*
- ❖ Wu JM et al.. *Lifetime risk of stress urinary incontinence or pelvic organ prolapse surgery. Obstet Gynecol. 2014*

# WIRELESS IMPLANTABLE MEDICAL DEVICES

## Cochlear Implant Device

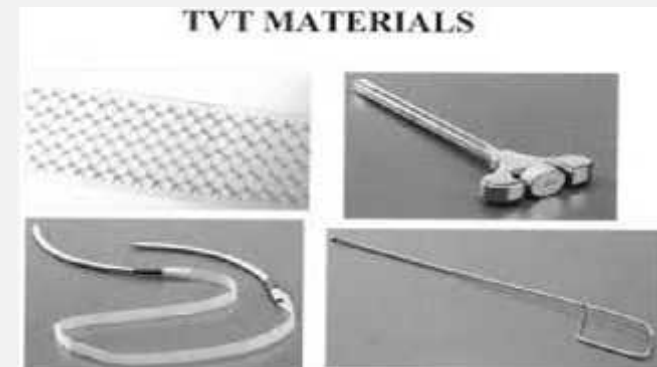


- 1963 polypropylene mesh hernia repair
- 1987 Lichtenstein reports outcomes of 6000 hernia repairs
- Safety of mesh in hernias
- 1992 Mesh colpopexy (Timmons et al.)
- 1996 Vaginal mesh for recurrent prolapse (TM Julian et al)



*Hernia repair with knitted polypropylene mesh  
FC Usher 1963 Surg Gynecol Obstet*

- 1996 ProteGen sling approved  
(Boston Scientific) - woven polyester sling
- 1998 J & J clearance for Gynecare TVT
- 1996-2008 Numerous FDA approved  
transvaginal mesh kits (FDA's 510(k) process)





- FDA enforcement report – higher than expected rates of vaginal erosion and dehiscence
- By 2003 BS settles more than 700 cases of ProteGen (undisclosed)

## Traditional suburethral sling operations for urinary incontinence in women

Cochrane Systematic Review - Intervention | Version published: 20 July 2005 [see what's new](#)

### Authors' conclusions

The data on sub urethral sling operations remain too few to address the effects of this type of surgical treatment. Few trials are reported by authors in a complete fashion and most information came from abstracts presented in annual meetings. The broader effects of suburethral slings could not be established since trials did not include appropriate outcome measures such as general health status, health economics, pad testing, third party analysis and time to return to normal activity level. Data obtained from thirteen trials did not provide reliable estimates because of their sizes, and heterogeneity of designs, populations studied, and types of comparisons made.

Reliable evidence on which to judge whether or not suburethral slings are better or worse than other surgical or conservative management is currently not available.

**NICE** National Institute for  
Health and Care Excellence

2005

## NICE GUIDANCE

Stresses the need to inform women of  
the lack of long term outcomes data

2005

Cochrane Database of Systematic Reviews

# Surgical management of pelvic organ prolapse in women

Cochrane Systematic Review - Intervention | Version published: 18 July 2007 [see what's new](#)

**Adequately powered randomised controlled trials are urgently needed.**

*Maher C, Baessler K, Glazener CMA, Adams EJ, Hagen S. Surgical management of pelvic organ prolapse in women. Cochrane Database of Systematic Reviews 2007.*

 Free Access

## Tension-free vaginal tape versus colposuspension for primary urodynamic stress incontinence: 5-year follow up

KL Ward , P Hilton, UK and Ireland TVT Trial Group

First published: 07 December 2007 | <https://doi.org/10.1111/j.1471-0528.2007.01548.x> | Cited by: 205

- 344 randomised
- 5 years outcomes
- 1.7 % mesh complications; 81% cure rates

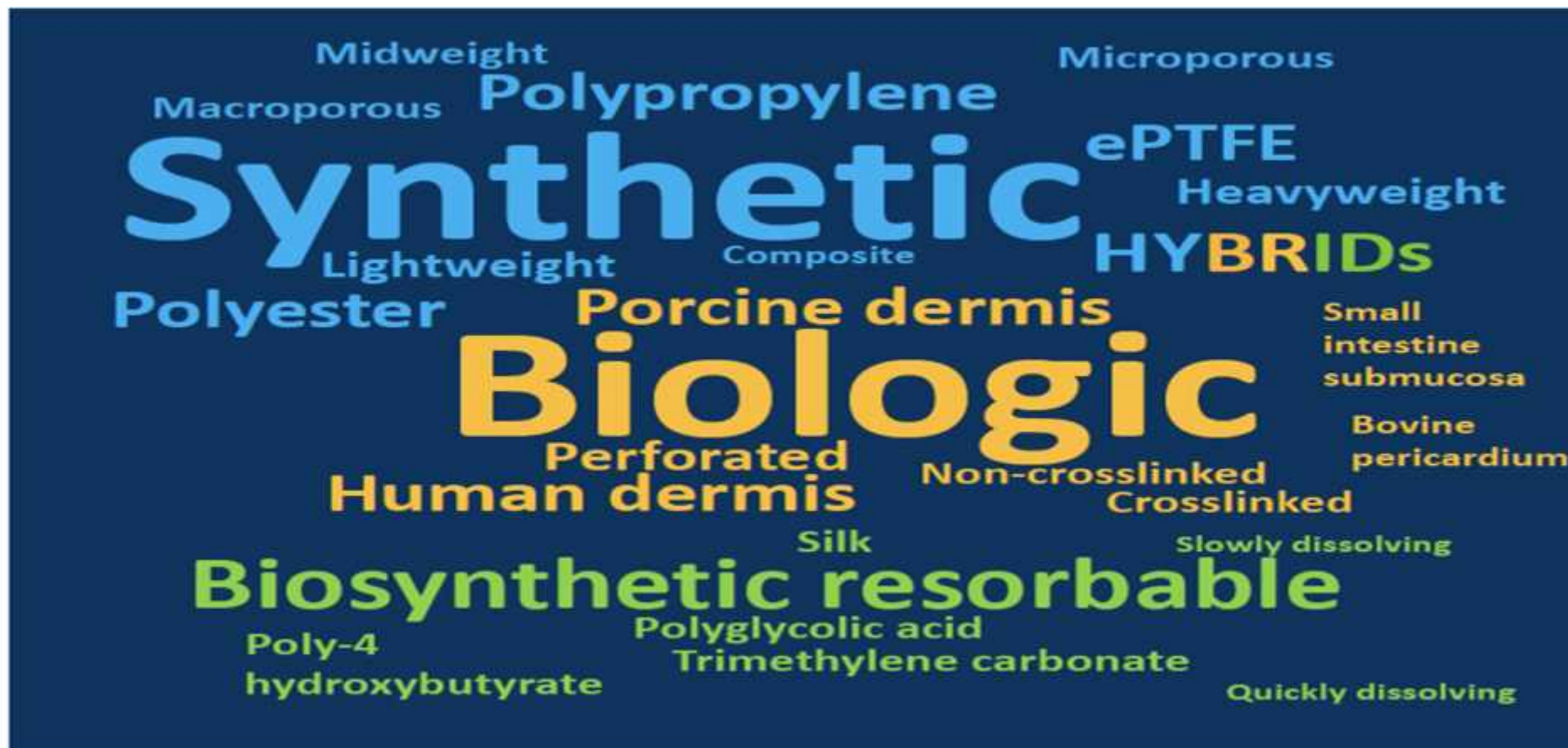
Longer term data...

## Vaginal Mesh for Prolapse: A Randomized Controlled Trial

Iglesia, Cheryl B. MD; Sokol, Andrew I. MD; Sokol, Eric R. MD; Kudish, Bela I. MD; Gutman, Robert E. MD; Peterson, Joanna L. RN; Shott, Susan PhD

Obstetrics & Gynecology: August 2010 - Volume 116 - Issue 2 - p 293-303

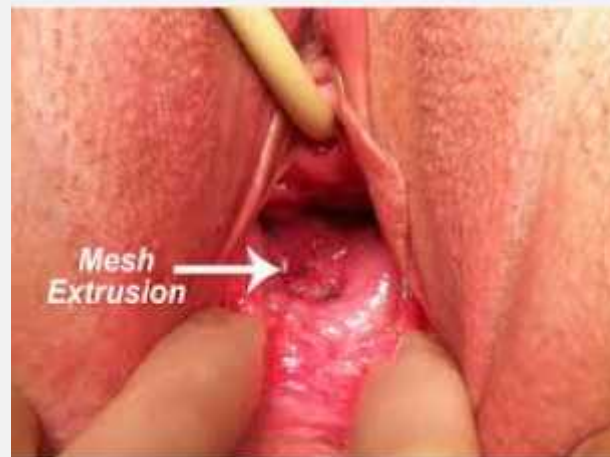
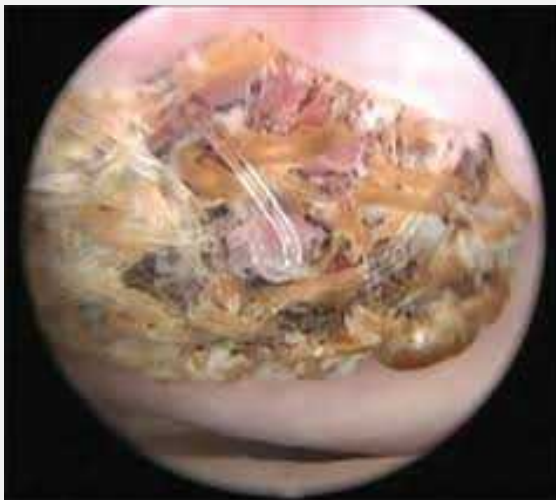
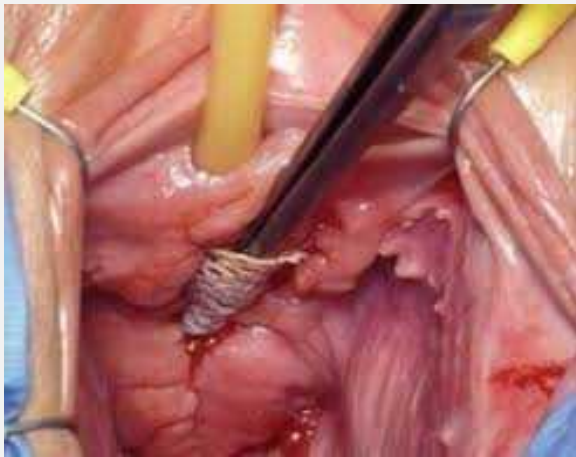
**CONCLUSION:** At 3 months, there is a high vaginal mesh erosion rate (15.6%) with no difference in overall objective and subjective cure rates. This study questions the value of additive synthetic polypropylene mesh for vaginal prolapse repairs.



Beginning of the storm

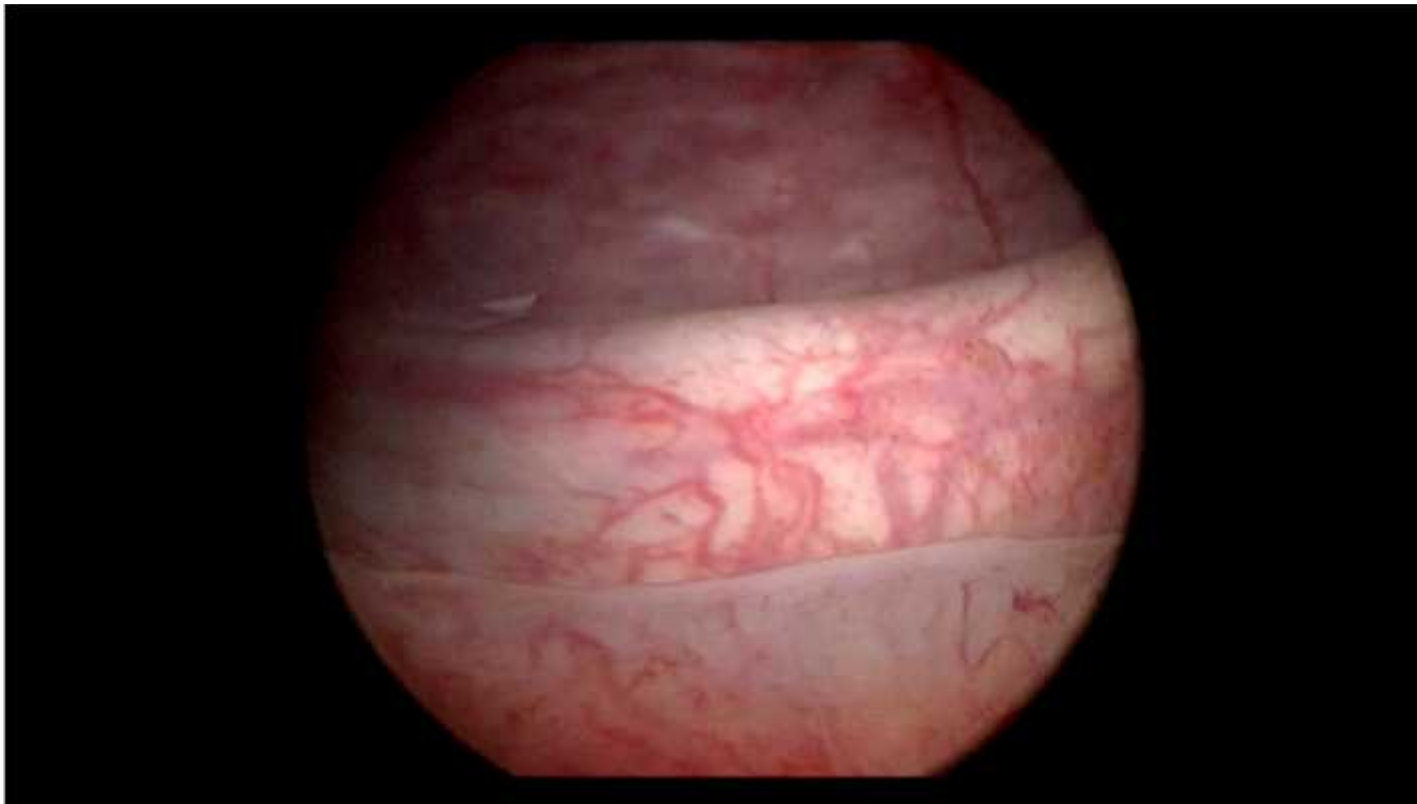


- 2005 – 2008: The FDA receives over 1,000 reports of transvaginal mesh injuries
- 2008: FDA first vaginal mesh safety alert
- 2008 – 2010: The FDA continues to receive over 2,800 adverse event reports of vaginal mesh injuries.



Complications

## Urethral TOT mesh exposure





## FDA Safety Communication:

Date Issued: July 13, 2011,

..from Jan. 01, 2008 through Dec. 31, 2010, the FDA received 2,874 additional reports of complications associated with surgical mesh devices used to repair POP and SUI, with 1,503 reports associated with POP repairs and 1,371 associated with SUI repairs. Although it is common for adverse event reporting to increase following an FDA safety communication, we are concerned that the number of adverse event reports remains high.

**The FDA is issuing this update to inform you that serious complications associated with surgical mesh for transvaginal repair of POP are not rare**

From 2008 – 2010, the most frequent complications reported to the FDA for surgical mesh devices for POP repair **include mesh erosion through the vagina** (also called exposure, extrusion or protrusion), **pain, infection, bleeding, pain during sexual** intercourse (dyspareunia), **organ perforation, and urinary problems**. There were also reports of **recurrent prolapse, neuro-muscular problems, vaginal scarring/shrinkage, and emotional problems**. Many of these complications require additional intervention, including medical or surgical treatment and hospitalization.

FDA 2011 recommends implants for POP reclassification from moderate to high risk

# Jury Awards \$26.7 Million to Four Women Injured by Boston Scientific Pelvic Mesh!

An Indiana jury hit **Johnson & Johnson** (NYSE:JNJ) subsidiary Ethicon with a \$35 million verdict in a product liability lawsuit brought over its Prolift pelvic mesh.

## Chicago Daily Law Bulletin

### Jury awards \$35M in mesh implant case



**By the way, Boston Scientific**  
The jury in the case awarded the four women a total of \$35 million in damages, including \$26.7 million in compensatory damages and \$8.3 million in punitive damages. The jury also awarded the women \$1 million in attorney's fees and costs. The verdict was reached after a five-day trial in which the women presented evidence of their injuries and the company's marketing and sales practices. The jury found that the company knew or should have known of the risks of the mesh and failed to warn patients adequately. The verdict is the largest in the history of the litigation.

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### Hundreds sue over agonising vaginal mesh implants



More than 20,000 women have made claims against the NHS since April 2007 over Prolift mesh implants. The NHS has agreed to a £100 million settlement.

# Jury hits Ethicon with \$3.25 mln verdict in mesh case



**'I told my husband he could sleep with someone else': Mother-of-two, 43, can no longer have sex and depends on a mobility scooter after being fitted with controversial vaginal mesh implant**

**TVT MUM**

People are disfigured for 'life' from Synthetic Surgical Mesh Implants!

*TVT/Mesh Sufferers 'Beat the System'*

Vaginal mesh left me in agony. When will women's health be taken seriously?

*Kath Sansom*

**Daily Mail**



**Mirror**



**SCOTTISH  
MESH  
SURVIVORS**

Mesh Helpline:  
**07824 537938**

Available:  
Monday 4.30pm - 6.30pm  
Thursday 9am - 11am

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# Hundreds of women left with health in ruins after bladder mesh ops, so why is treatment still offered?

# The Scottish Independent Review of the Use, Safety and Efficacy of Transvaginal Mesh Implants in the Treatment of Stress Urinary Incontinence and Pelvic Organ Prolapse in Women: Interim Report



Friday, October 2, 2015

## Executive Summary

1. Robust clinical governance must surround treatment, the decision to use mesh and the surgical approach used.
2. Evidence of involvement in multi-disciplinary team working, audit activity, reporting of adverse events
3. Informed consent is a fundamental principle underlying all healthcare
4. The lack of extended long term follow up and related outcome data, including information on quality of life and activities of daily living, should be addressed.
5. Good information is essential to good patient care.
6. Improving awareness of clinical teams of the possible symptoms of mesh complications together with good communication skills, (including good listening and empathy) is an essential part of good clinical care.
7. A review of the different sources of evidence led us to express concern in the use of the transobturator rather than the retropubic approach
8. Concern both for effectiveness and adverse events, at the use of transvaginal mesh in surgery for pelvic organ prolapse.



**England**

DECEMBER 2015

## **NHS ENGLAND MESH WORKING GROUP REPORT**

includes evaluation of both the efficacy  
and the extent and causes of adverse  
incidents and complication rates  
associated with these types of surgery:

# THE LANCET

## Adverse events after first, single, mesh and non-mesh surgical procedures for stress urinary incontinence and pelvic organ prolapse in Scotland, 1997–2016: a population-based cohort study

Joanne R Morling, PhD <sup>†</sup> • David A McAllister, MD <sup>†</sup> • Wael Agur, MD • Colin M Fischbacher, FFPH •

Prof Cathryn M A Glazener, PhD • Karen Guerrero, FRCOG • Leanne Hopkins, MSc • Dr Rachael Wood, PhD  

- Higher complication and re-operation rate
- No vaginal mesh in primary pelvic floor repair
- The results supported the use of mesh procedures for incontinence, although further research on longer term outcomes would be beneficial

# SCIENTIFIC REPORTS

OPEN

## Complications following vaginal mesh procedures for stress urinary incontinence: an 8 year study of 92,246 women

Received: 2 June 2017

Accepted: 30 August 2017

Published online: 20 September 2017

Kim Keltie<sup>1,2</sup>, Sohier Elneil<sup>3</sup>, Ashwani Monga<sup>4</sup>, Hannah Patrick<sup>5</sup>, John Powell<sup>5,6</sup>, Bruce Campbell<sup>7</sup> & Andrew J. Sims<sup>1,2</sup>

- HES data between 2007-2015
- 5.9 % were readmitted at least once within 5 years for further mesh intervention
- 9.8 % complication rate within 5 years of the mesh procedure

## 'Scandal' of vaginal mesh removal rates revealed by NHS records

**Traumatic complications mean one in 15 women fitted with the most common type of mesh support will require surgery to extract it, figures suggest**

● **Vaginal mesh implants: 'I really thought I was dying'**

# Transvaginal mesh use should be suspended, health groups say

**Alliance of six state and territory consumer bodies say full audit of complications is needed**



## Transvaginal mesh inquiry criticises Australia's medical device regulation

**Failure to protect women receiving the mesh implants cast health professionals in 'very poor light', inquiry finds**



www.parliament.uk



Royal College of  
Obstetricians &  
Gynaecologists

## Update on the Independent Medicines and Medical Devices Safety Review: Written statement - HCWS841

Baroness Cumberlege has reported to the Department of Health and Social Care an early finding of her review relating to surgical mesh. Following a number of engagement meetings with patients she has concluded that there should be a pause without delay in the use of surgical mesh for stress urinary incontinence (SUI).

### Mesh safety alert

**Published: 10/07/2018**

#### High vigilance restrictions on use of vaginal mesh

On 10 July 2018, NHS Improvement and NHS England wrote to all acute trusts advising of the immediate implementation of a high vigilance restriction period regarding vaginal mesh.

For the majority of patients, mesh surgery should not be performed during this period of high vigilance restriction.

For some patients, mesh procedures may be the only viable treatment option. This includes cases where clinicians judge there is clinical urgency to carry out the procedure and no suitable alternative exists, and/or where delay would risk harm to the patient. However, this treatment should only be used in carefully selected patients who understand the risks and have given fully informed consent.

PAUSE

So where are we **NOW** ?

The present

# Urinary incontinence and pelvic organ prolapse in women: management

NICE guideline [NG123] Published date: April 2019

- › multidisciplinary teams
- › urodynamic testing in urinary incontinence
- › absorbent products for urinary incontinence
- › medicines for overactive bladder
- › botulinum toxin A for overactive bladder
- › surgical procedures for stress urinary incontinence.

- › assessment and management of pelvic organ prolapse
- › management of coexisting urinary incontinence and pelvic organ prolapse
- › assessment and management of complications associated with mesh surgery for urinary incontinence or pelvic organ prolapse.

## *Surgical management of stress urinary incontinence*

- Colposuspension (Open or Laparoscopic)
- Autologous fascial sling
- Paraurethral bulking if above options not acceptable
- Retropubic sling - permanent and may not be removed fully. TOT unless RPR contraindicated

## *Surgery for pelvic organ prolapse*

- Vaginal hysterectomy
- Pelvic floor repair
- Sacrospinous fixation
- Mesh sacrocolpopexy (Laparoscopic or open)
- colpocleisis

## *Managing complications associated with mesh surgery*

- Regional MDT
- Limited evidence on atrial and complete mesh removal
- Significant complications of mesh removal surgery
- Symptoms recurrence
- Mesh centres



- *Mesh introduced to overcome the shortcomings of native tissue repairs*
- *Vaginal mesh remains suspended*
- *Knock on effect on abdominal mesh surgery*

## *Lessons learnt?*

- *More and more women request mesh removal*
- *Robust MDT process to manage these complex patients*



FOR IMMEDIATE RELEASE

Friday, May 24, 2019

### **Surgical Funding Facilitator and Physician Charged in Alleged Nationwide Scheme to Defraud Women in Connection with Transvaginal Mesh Litigation**

A surgical funding facilitator and a licensed urogynecologist were charged in a six-count indictment unsealed today for their roles in an alleged scheme to defraud women across the United States in connection with surgeries to remove transvaginal mesh (TVM) implants related to mass tort litigation.

Future?

## PRIMUM NON NOCERE

