

6th International Congress of Pelvic Physiotherapy and Functional Urogynecology - Faculdade Inspirar and ABFP

6th Congress ABFP

4th Post IUGA

1st Symposium ALAPP

**“The pelvis in life cycles and their interaction with full
happiness and quality of life”**

03-06 May 2018 - Curitiba- Brazil



In Collaboration with



CREFITO 8

CREFITO 9
Conselho Regional de Fisioterapia e Terapia Ocupacional da 9ª Região



CREFITO 10

President: Dr. Maura Seleme - (BRA - NED)
**Organizing Committee: Faculdade Inspirar and ABFP (Brazil
Pelvic Floor Association)**

CONGRESS

President: Dr. Maura Seleme - (BRA - NED)

Organizing Committee: Faculdade Inspirar and ABFP (Brazilian Association of Pelvic Physiotherapy)

Scientific Committee:

- Dr. Adriane Bertotto (RS - Brazil)
- Dr. Bary Berghmans (NED)
- Dr. Carla Pereira (SP - Brazil)
- Dr. Cibele Câmara (PA - Brazil)
- Dr. Cristiane Fornari (RS - Brazil)
- Dr. Gustavo Latorre (SC - Brazil)
- Dr. Silvana Uchôa (PE - Brazil)

MAY 5th SATURDAY

Topic 1: Satellite Symposium - 7:30 am - 8:00 am

Chair: Silvana Uchôa (PE - Brazil)

7:30 am: Satellite Symposium: A new concept of mApp - iPelvis - Maura Seleme and Bary Berghmans (NED - BRA)

Topic 2: Normal Childbirth - An Update - 8:00 am - 10:30 am

Chair: Bary Berghmans (NED)

8:00 am: Prevention of Pelvic Floor and Anal Sphincter Injuries - Raneer Thakar (UK)

8:30 am: Obstetrical Anal Sphincter Injuries (OASIS) - Prevention, Recognition and Repair - Abdul Sultan (UK)

9:00 am: How to treat consequent disorders of a normal childbirth? A point of view from Pelvic Physiotherapy - Cláudia de Oliveira (SP - Brazil)

9:20 am: Motherfit Project: What is it? How can it reduce the consequences of normal childbirth? Bary Berghmans (NED)

9:40 am: Benefits and Risks of Episiotomy - Raneer Thakar (UK)

10:00 - 10:30 am: Panel Discussion

10:30 am: Coffee Break

Topic 3: Urology: Urinary Incontinence and Sexuality in a Patient after Prostatectomy - 11:00 am - 12:30 pm

Chair: Francisco Coutinho (RJ - Brazil)

11:00 am: Urinary Incontinence and Sexuality in a Patient after Prostatectomy - Francisco Coutinho (RJ - Brazil)

11:20 am: Evidence-based Physiotherapy for Male Urinary Incontinence after Prostatectomy - Carla Torrieri (RJ - Brazil)

11:40 am: Evidence-based Physiotherapy in Male Sexuality after Prostatectomy - Mauro Barbosa (RJ - Brazil)

12:00 pm: Physiotherapy practice for Male Sexuality problems - **Gustavo Latorre (SC - Brazil)**

12:15 - 12:30 pm: Panel Discussion

12:30 - 1:30 pm: Lunch

Topic 4: Presentation of best scientific papers - 1:30 pm - 2:00 pm

1:30 pm: Presentation of the best 10 papers - 5 minutes for each presentation

Scientific Committee:

- Dr. Cibele Camara (PA - Brazil)
- Dr. Carla Pereira (SP - Brazil)
- Dr. Cristiane Carboni (RS - Brazil)
- Dr. Adriane Bertotto (RS - Brazil)

Topic 5: Symposium ALAPP (Latin American Association for Pelvic Floor) and ABFP (Brazilian Association for Pelvic Physiotherapy) - Prolapses: An Overview - 2:00 pm - 6:30 pm

Chair: Simone Botelho (MG - Brazil)

2:00 pm: Functional Anatomy and pathophysiology of Prolapse - **Rogério de Fraga (PR - Brazil)**

2:20 pm: IUGA - ICS Terminology of Pelvic Organ Prolapse. - **Alexandre Fornari (RS - Brazil)**

2:40 pm: Anterior Vaginal Wall Prolapse: How to treat with surgery and When is it required? **Virgínia Roncatti (SP - Brazil)**

3:00 pm: Hysterectomy and Pelvic Organ Dysfunction - **Virgínia Roncatti (SP - Brazil)**

3:20 pm: Posterior Vaginal Wall Prolapse: Causes and Consequences - **Ilario Froehner Jr (PR - Brazil)**

3:40- 4:00 pm: Panel Discussion

4:00 pm: Coffee Break

4:30 pm: Conservative Treatment of Prolapse - **Simone Botelho (RS - Brazil)**

5:00 pm: Pessary treatment of Pelvic Organ Prolapse - **Sophia Souto (SP - Brazil)**

5:30 pm: Prolapse and Sexuality - **Fernanda Pacheco (RJ - Brazil)**

6:00 - 6:30 pm: Panel Discussion

Topic 6: All about ABFP and its professional future - 6:30 pm - 7:00 pm

6:30 - 7:00 pm: ABFP - ABFP Goals and Qualification Test: A required professional recognition - **Gustavo Latorre (SC - Brazil)**

MAY 6th SUNDAY

Topic 1: Presentation of the best submitted works - 7:00 am - 7:30 am

7:00 am: Presentation of the last 5 best works - 5 minutes for each presentation

Scientific Committee:

- Dr. Cibele Cãmara (PA - Brazil)
- Dr. Cláudia de Oliveira (SP - Brazil)
- Dr. Cristiane Carboni (RS - Brazil)
- Dr. Adriane Bertotto (RS - Brazil)

Topic 2: Satellite Symposium 7:30 am - 8:00 am

Chair: Cibele Câmara (PA - Brazil)

7:30 - 8:00 am: Transsexuality: vision and future perspectives - **Carla Pereira (SP - Brazil)**

Topic 3: Pelvic Floor Dysfunction - 8:00 am - 1:00 pm

Chair: Gustavo Latorre (SC - Brazil)

8:00 am: Hyperactivity and Hypertonia of Pelvic Floor according to ICS-IUGA Standardized Terminology - **Cristiane Carboni (RS - Brazil)**

8:20 am: Overactive Bladder Causes, Symptoms, Treatment - **Francisco Coutinho (RJ - Brazil)**

8:40 am: - Overactive Pelvic Floor. Causes, Symptoms, Treatment - **Rogério de Fraga (PR - Brazil)**

9:00 am: Treatment of Urgency. How to manage - **Bary Berghmans (NED)**

9:30 am: Electrotherapy of the Pelvic Floor - **Silvana Uchôa (PE - Brazil)**

10:00 am: Panel Discussion

10:30 am: Coffee Break

Topic 4: Ageing and Female Pelvic Floor Dysfunctions - 11:00 am - 1:00 pm

Chair: Cristiane Carboni (RS - Brazil)

11:00 am: Ageing of Pelvic Muscles: Causes and Consequences - **Marília Frare (SP - Brazil)**

11:20 am: Biofeedback for the Elderly: What are the benefits? - **Adriane Bertotto (RS - Brasil)**

11:40 am: Early Contractions of Pelvic Floor and Ageing - **Bary Berghmans (NED)**

12:10 pm: Game therapy and Virtual Reality for the Elderly - **Ericka Valentina (RJ - Brazil)**

12:30 pm: Panel Discussion

1:00 pm: Closing and Delivery of Prizes to the 3 Best Works

1:30 pm - 2:00 pm: Lunch

2:00 - 4:00 pm: Test of ABFP (Brazilian Association of Pelvic Physiotherapy) - Certificate of Professional Qualification

Workshops

WORKSHOP 1

CHRONIC PELVIC PAIN AND SEXUAL DYSFUNCTION

May 3rd 2018 - from 1:00 pm to 7:30 pm

1:00 pm: Neuroanatomy of the Pelvis - **Rogério de Fraga (PR - Brazil)**
1:20 pm: Chronic Pelvic Pain: Causes and consequences - **Rogério de Fraga (PR - Brazil)**
1:40 pm: Sexual Dysfunction: Causes and consequences - **Anna Carolina Petry (PR - Brazil)**
2:00 pm: Medication to treat Chronic Pelvic Pain and Painful Intercourse - **Alexandre Fornari (RS - Brazil)**
2:20 pm: Neuromodulation for Chronic Pelvic Pain - **Rogério de Fraga (PR - Brazil)**
2:40 pm: Chronic Pelvic Pain and Sexual Dysfunction - 2017 Ulmsten Lecture - **Bary Berghmans (NED)**

3:30 pm: Coffee Break

4:00 pm: Pudendal Nerve Entrapment - from Diagnosis to Surgical Treatment - Live Online Lecture - **Nucelio Lemos (BRA-CAN)**
4:30 pm: The First Step to Treat Female Sexual Dysfunctions - **Carla Pereira (SP - Brazil)**
4:45 pm: Evaluation of Pelvic Floor in Patients with Sexual Dysfunction and Chronic Pelvic Pain - **Cristiane Carboni (RS - Brazil)**
5:00 pm: Conservative Treatment of Chronic Pelvic Pain - **Cibele Câmara (PA - Brazil)**
5:15 pm: Conservative Treatment of Pudendal Nerve Entrapment - Post-operative - **Marília Frare (SP - Brazil)**
5:30 pm: Conservative Treatment of Sexual Dysfunctions - **Mônica Lopes (RJ - Brazil)**
5:45 pm: Standardization of Terminology for Chronic Pelvic Pain and Sexual Dysfunctions - ICS - IUGA - **Alexandre Fornari (RS - Brazil)**
6:00 pm: Electrical Stimulation for Pelvic Pain - **Marília Frare (SP - Brazil)**
6:30 pm: Exercises for Chronic Pelvic Pain and Sexual Dysfunctions - **Gustavo Latorre (SC - Brazil)**
7:00 - 7:30 pm: **Panel Discussion**

WORKSHOP 2

FECAL INCONTINENCE IN WOMEN

May 4th 2018 - from 8:00 am to 6:30 pm

8:00 am: Anatomy and Pathophysiology of Fecal Incontinence - **Ilario Froehner Jr (PR - Brazil)**
8:20 am: Questionnaire and Physical Examination of Women with Fecal Incontinence - **Ilario Froehner Jr (PR - Brazil)**
8:40 am: How to Interpret Conventional Anorectal Manometry and the principal roles in Patients with Fecal Incontinence - **Ilario Froehner Jr (PR - Brazil)**
9:00 am: ICS - IUGA Terminology for Fecal Incontinence - **Bary Berghmans (NED)**
9:40 am: The Obstetric Pelvic Floor and Anal Sphincter Injuries - **Abdul Sultan (UK)**

10:20 am: Coffee Break

10:40 am: Role of Anal Ultrasonography in Assessment and Treatment of fecal incontinence - Interpretation of the main results - **Abdul Sultan (UK)**

11:00 am: The Anorectal Function in postmenopausal Women - **Abdul Sultan (UK)**

11:40 am: Constipation is an Important cause of Fecal Incontinence. How to manage it? - **Ilario Froehner Jr. (PR - Brazil)**

12:00 - 12:30 pm: Panel Discussion

12:30 - 2:00 pm: Lunch

2:00 pm: Functional Evaluation of the Pelvic Floor in Fecal Incontinence - **Bary Berghmans (NED)**

2:40 pm: Can Biofeedback and Rectal Balloon improve our functional evaluation? How to do it? - **Silvana Uchôa (PE - Brazil)**

3:00 pm: Evidence-Based Update on Conservative Treatments for Fecal Incontinence - **Silvana Uchôa (PE - Brazil)**

3:30 pm: Coffee-break

4:00 pm: Pelvic Floor Exercises for Fecal Incontinence based on the 5 Fs program - **Bary Berghmans (NED) and Maura Seleme (BRA)**

4:40 pm: How to use Manual Therapy, Rectal Balloon, Biofeedback and Electrotherapy for Fecal Incontinence Treatment? **Silvana Uchôa (PE - Brazil)**

5:10 pm: Guidelines for Fecal Incontinence - **Gustavo Latorre (SC - Brazil)**

5:30 pm: Food, Diet and Nutrition for Fecal Incontinence - **Débora Froehner (PR - Brazil)**

5:30 pm: Panel Discussion

6:00 pm: Closing

7:00 pm: Official Opening of Congress

7:10 pm - 8:00 pm: Opening ceremony

8:00 - 8:30 pm: Lecture: The Science of Sexuality - Anna Carolina Petry (PR - Brazil), Gynecologist and Sexologist

8:30 - 11:30 pm: Welcome Reception with live music performance.

Curitiba, 20th January 2018.



Maura Regina Seleme
President of the Congress



Claudia Veloso Mueller
Director Educational Committee