

Report IUGA regional symposium & URPS 2018, a live operative workshop

It was an honor and privilege to host the prestigious program of IUGA regional symposium & URPS 2018, a live operative workshop, jointly organized by IUGA, URPSSI and Medway Women Center, held from 7th to 9th of September 2018 at Chennai.

Program

September 5, 2018

- Lecture session on urethral bulking by Abdul Sultan & Raneer Thakar followed by dinner, 35 specialists participated.

September 6, 2018

- Preconference hands on session held at the Ethicon Institute of Surgical Education. The response was overwhelming, 74 specialists participated.

- i. Wet lab anal sphincter injury repair by Abdul Sultan & Raneer Thakar (As usual this course was under great demand)
- ii. Wet lab bladder injury repair by N. Rajamaheswari, A. Jaya Ganesh, Srikala & Vairavel
- iii. Slings (MUS) hands on model by A. Tamil Selvi, Madhu Naidu, Kalaivani & Aparna Hegde
- iv. POP Q hands on model by K. Seethalakshmi, M. Meena, Vaishnavi & Kalaivani

September 7th - 9th, 2018: main program

Held at Accord Metropolitan.

228 registered delegates and 63 senior specialists participated.

Specialists from all over India & neighbouring countries like Malaysia, Kuwait, Bangladesh & Nepal have actively participated.

All the 3 days there were surgical demonstrations, lectures & discussions.

- 36 patients with Urogynaecological problems benefitted directly from the program
- 26 women with Urogynaecological problems like POP, SUI, VVF underwent intricate surgical repair & reconstruction procedures
- 2 women with refractory OAB received Botox injection under anaesthesia
- 6 patients (post MUS) were evaluated by ultra sound perineal imaging
- 4 SUI (minimal) patients opted for Laser treatment and were offered the same

It is remarkable to encounter master surgeons like Catherine, Peter, Jenny, Raneer, Abdul & George who teach and train willingly taking great pain to accomplish it.

26 least privileged women patients who were distressed by POP (Pelvic Organ Prolapse) and or urinary incontinence were surgically managed free of cost during the 3 days. The innovative surgeries that has been in practice in the other developed parts of the world were demonstrated. The cases were challenging and warranted extraordinary expertise of the surgeon like you. Most of the patients needed intricate reconstructive surgical procedures which were performed by you unmindful of its

complexity.

Participants were fascinated by the outstanding surgical outcome of this 'surgical extravaganza'. The workshop was a huge success because of your invaluable contribution. It is heartening to know that all our patients are doing well. We did not have any per operative or post-operative complications. Paul Riss & Bob Shull cancelled their participation due to unexpected developments and we did miss them and their absence was a great disappointment to all of us.

The program was a huge success because of the enthusiasm and dedication of the delegates who were keen to learn and share.

291 delegates from all over India & abroad (Malaysia, Bangladesh, Nepal, Kuwait & UAE), participated actively in the workshop and availed the opportunity to enhance their surgical skills.

Workshop started as early as 7.30 am and continued up to 18.30 hrs.

The enthusiasm of the delegates to stay till the last surgery deserves appreciation. During the conference hours, delegates stayed glued to the screen all throughout the day ignoring even lunch & refreshments. We were amazed to see that more than 100 delegates watching the surgical demonstrations even after 18:00 hrs

The program has proven that it is possible to repair and reconstruct even complex - mixed defects of POP by simple fascial repair using patients own tissues without resorting to fancy devices and materials. All the delegates were inspired and motivated to adopt what they learned. The delegates understood that it is an achievable task irrespective of their place of practice or level of surgical training.

Participation in this program made the delegates,

- Confident to adopt the techniques learned during the operative workshop, in their day to day practice
- Realize that all these procedures are well within the reach of the most of the specialists in India

"Do what you can, with what you have, where you are" as said by Theodore Roosevelt [famousquotes123.com] => was the theme adopted by URPS 2018 and the message was successfully passed on to the participants.

What is most gratifying is to realize that the benefits of their learning will cascade to millions of women patients through these 291 specialists who participated, which was the objective of the program. Most of the participants are specialists from teaching medical institutions. By learning as participants and sharing as teachers, these specialists will significantly contribute to the core competency of the budding specialists.

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